Fatal retroperitoneal gas gangrene complicating colonoscopic polypectomy without bowel perforation in a healthy adult

Colonoscopy is a commonly performed procedure that is rarely associated with severe complications, especially not life-threatening infections [1–3]. We report a fatal outcome caused by Clostridium perfringens after colonoscopic polypectomy in a 58-year-old healthy adult. The colonoscopy was performed as part of a public health screening program for colorectal cancer studying fecal occult blood, and during the procedure four polyps were removed.

The patient was readmitted 12 hours after the colonoscopy complaining of severe back and right-sided abdominal pain. Physical examination was normal except for abdominal tenderness. A computed tomography (CT) scan revealed the presence of extensive retroperitoneal gas, which was also involving the right psoas muscle (Fig. 1). A bowel perforation was suspected, so an urgent laparotomy was indicated. Surgical exploration revealed extensive retroperitoneal emphysema with a parietocolic hematoma, but no evidence of a macroscopic bowel perforation. The hematoma was drained and microbiological samples were collected. Antibiotic treatment with imipenem was started.

In the immediate postoperative period the patient developed hemolysis, and severe respiratory and renal failure. A further CT scan revealed worsening of the retropneumoperitoneum, which was also dissecting muscle planes in the right leg and scrutum. The emphysema also extended into the thorax. Staining of the previously removed tissue showed Gram-positive bacilli, indicating possible gas gangrene infection. A second laparotomy with extensive retroperitoneal debridement was performed but, despite resuscitation efforts, the patient died 36 hours after admission.

Post-mortem cultures were positive for C. perfringens. An autopsy showed massive intra-abdominal bleeding, with destruction and liquefaction of the retroperitoneal muscles. No macroscopic bowel perforation was found. Histological examination of the polyps did not identify a malignancy.

Gas gangrene is a soft-tissue infection caused by Clostridium spp.[4, 5]. A defining diagnostic feature is gas dissecting into the muscle bellies, and CT scanning is especially useful to diagnose this in an intra-abdominal location [6]. A literature review identified one other case of retroperitoneal gas gangrene associated with colonoscopic polypectomy [7]. Therefore, although CT scan images showing retroperitoneal gas after a colonoscopy have been associated with colonic perforation [8, 9], gas gangrene should also be considered in the differential diagnosis, especially after polypectomy and when the gas involves the muscle belly.

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