Persistent peristomal leakage from percutaneous endoscopic gastrostomy successfully treated with endoscopic suturing

We report a novel and successful treatment for persistent peristomal leakage from a recently placed percutaneous endoscopic gastrostomy (PEG) tube, using an endoscopic suturing device. A 63-year-old man with oral cancer presented with persistent peristomal leakage and severe dermal maceration around a PEG that had been placed 2 weeks previously at an external facility. An initial endoscopy was suboptimal as there was severe leakage of air through the stoma. PEG removal for closure of the stoma needed to be avoided because of the risk of peritonitis given the short time since placement, and aggressive wound care was recommended. Unfortunately, the patient’s symptoms worsened over the next week.

We decided to attempt an endoscopic reduction of the stoma tract. Gauze was applied externally to maintain gastric inflation. Repeat endoscopy revealed an enlarged PEG stoma creating a fistulous tract (Fig. 1a). Following overtube placement, the Overstitch suturing device (Apollo Endosurgery Inc., Austin, Texas, USA) was frontloaded onto a double-channel therapeutic endoscope (GIF-2T160; Olympus Inc; Tokyo, Japan) and inserted into the stomach. The first needle-bite was placed on the upper lip 5 mm proximal to the defect and the second 5 mm distally on the lower lip. Utilizing a single continuous suture, a ‘mucosal wrap’ was fashioned to close the defect (Fig. 1b). This eliminated the fistulous tract while allowing adequate movement of the PEG through the stoma (Fig. 1c). There was no air leak at the conclusion of the procedure.

The patient reported no leakage at a 2-week follow-up appointment with his oncologist. At an 8-week follow-up endoscopy, the wrap was still in place (Fig. 1d) and effective. The patient reported a minimal amount of recurrent output and marked improvement in dermal maceration.

To our knowledge, this is the first report of the use of an endoscopic suturing device to eliminate peristomal leakage from around a PEG. This is a modification of a technique previously described for closure of non-healing gastrocutaneous fistulas occurring after PEG removal [1, 2]. The benefit of our method is the alleviation of concern regarding PEG removal from a non-mature tract that could lead to peritonitis. Thus, we favour consideration of our ‘mucosal wrap’ technique in situations where PEG removal is contraindicated but peristomal leakage is persistent and severe.

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Competing interests: None

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