Pancreatic actinomycosis presenting as pancreatic mass and diagnosed with endoscopic ultrasound fine needle aspiration (EUS-FNA)

We present the case of a 66-year-old man with a 4-month history of abdominal pain poorly responsive to opiate analgesics and with occasional fever. Prior to attending our unit, he had undergone basic studies and computed tomography (CT) at another hospital. The contrast-enhanced pancreatic protocol CT demonstrated a solid mass (16 × 18 mm) at the upper end of the body of the pancreas. The patient was referred to our endoscopy unit, and on endoscopic ultrasound (EUS) a hypoechoic round mass was found. A fine needle aspiration (FNA) biopsy provided an adequate sample for histological examination (Video 1). There were no immediate complications following the biopsy. Histopathological analysis demonstrated chronic fibrosis (Fig. 1) and a diagnosis of actinomycosis was made. Clinically, the patient responded well to a 6-month course of antibiotics (penicillin). A repeat EUS at 6 months showed partial resolution of the pancreatic mass, and a new biopsy showed no evidence of Actinomyces (Fig. 2).

Actinomycosis is an uncommon, subacute-to-chronic, suppurrative disease that is usually caused by the filamentous, Gram-positive, non-acid-fast, anaerobic-to-microaerophilic bacterium Actinomyces israelii. The pathogen causes characteristic granulomatos inflammatory fibrosis, presenting as a mass lesion [1,2]. Left untreated, there is contiguous spread of the suppurrative and granulomatous inflammation, and formation of multiple abscesses and sinus tracts, which may discharge “sulfur-like” granules [2]. Rarely, actinomycosis occurs as an intra-abdominal infection [3,4]. Actinomycosis of the abdomen and pelvis accounts for 20% of reported cases and pancreatic involvement is even rarer. In the anecdotal cases that are reported, the CT presentation is difficult to distinguish from malignancy. The clinical presentation of abdominal actinomycosis includes low grade fever, weight loss, fatigue, change in bowel habits, vague abdominal discomfort, nausea, vomiting, and sensation of a mass that can mimic neoplastic symptoms. In our case, we were able to make a diagnosis of a granulomatous infection only after doing a pancreatic biopsy (Video 1). In most cases of actinomycosis, antimicrobial therapy is the only treatment required, although surgery may be carried out as an adjunctive measure in selected cases.

In conclusion, abdominal actinomycosis is an extremely rare infection that can mimic multiple disease processes and requires accurate diagnosis for successful therapy. Not all pancreatic masses are neoplastic and FNA is essential for diagnosis in these cases.

Competing interests: None
References

Bibliography
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Corresponding author
S. Maestro
Hospital Rio Carrion-Digestivo
c/Donantes de Sangre, s/n
Palencia 34004
Spain
Fax: +97-97-42508
sergipalen@hotmail.com