We report a rare case of Epstein–Barr virus (EBV)-associated gastric carcinoma that presented as an elevated lesion and was treated by complete en-bloc resection using endoscopic submucosal dissection (ESD).

A 60-year-old man was diagnosed with an early gastric cancer when he underwent esophagogastroduodenoscopy (EGD) for epigastralgia. He was referred to our hospital 2 weeks later. Endoscopic examination revealed a whitish elevated lesion of 25 mm in diameter, which was suspected to be an elevated-type adenoma or mucosal cancer, in the anterior wall of the middle section of the body of the stomach. The margin of the lesion was clear after the application of indigo carmine with acetic acid (\textit{Fig. 1}). Endoscopic ultrasound (EUS) showed multiple rounded, hypoechoic lesions in the third layer with a slightly low-echoic mass in the first layer (\textit{Fig. 2}), suggestive of infiltrated lymphoid follicles or submucosal invasion.

We performed ESD as the diagnostic treatment. Histologic examination showed diffuse-type adenocarcinoma forming submucosal nodules within the lymphoid stroma beneath mucosal intestinal-type adenocarcinoma. This was in line with the EUS imaging. In situ hybridization revealed strong nuclear expression of EBV-encoded RNA in the epithelial cells but not in the reactive lymphoid cells (\textit{Fig. 3}). The depth of submucosal invasion was 3000 \(\mu\)m, but the lateral and vertical margins were clear.

EBV-associated gastric carcinoma makes up 4\% – 10\% of all gastric cancers \cite{1, 2}. It often appears as depressed or ulcerated...
lesions and an elevated lesion as presented here is rare. Accompanying differentiated adenocarcinoma in the mucosa is reported to be a unique characteristic of EBV-associated gastric cancer [2]. In the present case, without EUS it was difficult to detect the submucosal invasion during EGD. EUS can be an important diagnostic tool to detect invisible submucosal structures before treatment. ESD was useful in the diagnostic treatment of this EBV-associated early gastric cancer [3].

Competing interests: None

References