Multiple esophagopleural and esophagobronchial fistulas in a patient with Crohn's disease

A 56-year-old man was admitted because of severe weight loss, anorexia, and dyspnea over a 2-month period. He had been diagnosed in 1985 with Crohn’s colitis and in 2001 he was admitted and underwent a total colectomy with formation of an ileostomy because of a severe disease flare. Subsequently, he had missed several follow-up outpatient consultations and was not taking any medication.

On admission he had severe cachexia, anemia, leukocytosis, a low serum albumin, and an elevated C reactive protein level. A thoracic computed tomography (CT) scan showed a fully distended mid and distal esophagus, in continuity with an empyema in the left pleural space (Fig. 1). Oral nutrition was stopped and antibiotic therapy was started. An upper gastrointestinal endoscopy was performed (Video 1), which revealed multiple esophageal fistulas with bronchoalveolar secretions (Fig. 2). It was possible to pass the endoscope through these fistulas directly into the bronchi (Fig. 3). Histology of a biopsy taken from the esophagus showed active chronic inflammation, without epithelioid granulomas and Ziehl–Nielsen staining was negative. Despite several attempts to improve his biological condition so that surgery might be possible, the patient died on day 7 of his admission, from sepsis and respiratory insufficiency.

Fistulas to the bronchi or mediastinum in Crohn’s disease are rare [1]. To date, there have been only 15 reported cases of
esophagobronchial fistula in Crohn’s disease [2] and to our knowledge the formation of multiple esophageal fistulas has not been previously reported in Crohn’s disease. Esophagectomy is considered the definitive treatment, although there have been reports of a case successfully treated with infliximab [3] and another case treated with a synthetic polymer [4].

Competing interests: None

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