We herein report an endoscopic method utilizing detachable snares for the safe removal of dislodged esophageal metal stents.

A 63-year-old man was diagnosed as having carcinoma of the gastroesophageal junction in 2008. Staging computed tomography (CT) confirmed hepatic and pulmonary metastases. The patient was initially treated with palliative chemotherapy, and, in 2009, a self-expandable metal esophageal stent was inserted for the worsening dysphagia. In January 2010, the patient presented with repeated vomiting and intolerance to oral intake. An abdominal X-ray showed stent dislodgment within the stomach shadow (Fig. 1).

Esophagogastroscopy revealed a partially obstructing, 9-cm long tumor at the esophagogastric junction, through which the endoscope passed with difficulty. The previously inserted stent was visualized within the stomach (Fig. 2).

Detachable snares were applied to collapse the migrated stent inside the stomach (Fig. 3a), and a new covered metallic stent was inserted at the tumor site. After 5 days, repeat endoscopy showed the new esophageal stent had fully deployed. The dislodged stent in the stomach was further reduced in size with detachable snares (Fig. 3b).

It was then drawn into the new stent using two endograsping forceps and the whole complex was retrieved orally under fluoroscopy monitoring (Fig. 4).

A new self-expanding metal stent (SEMS) was inserted for relief of dysphagia, and the patient was then able to tolerate oral feeding. He was discharged 10 days after the second endoscopy.

Migration of SEMS has a reported incidence of up to 12% after stent insertion [1]. Extraction of the migrated stent is advocated due to the potential risks of bleeding and bowel perforation and obstruction [2]. However, endoscopic retrieval of a stent can be technically difficult in patients with obstructing esophageal tumors and is associated with the risk of tumor laceration, bleeding, and esophageal perforation. Collapsing the migrated stent by using detachable snares made retrieval relatively easy and safe in our patient.

Competing interests: None
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Fig. 4 The dislodged stent after successful removal with multiple snares in situ.

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DOI http://dx.doi.org/10.1055/s-0030-1256586
Endoscopy 2013; 45: E420–E421
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

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