Gastrointestinal tract involvement in hepatocellular carcinoma (HCC) is rare and poor outcomes have been reported [1]. HCC with metastasis to the esophagus is extremely rare and most cases have been diagnosed at postmortem [2]; only a few cases have been visible at endoscopy [3–5]. We present here a rare case of premortem diagnosis of esophageal and gastric metastases from recurrent HCC, in a liver transplant patient.

A 54-year-old man presented to the emergency department with haematemesis and a 2-day history of tarry stools. He had undergone liver transplantation from a living donor 2 years previously, because of hepatitis B-related cirrhosis and hepatocellular carcinoma. The postoperative course had been uneventful and immunosuppressant drugs such as tacrolimus and mycophenolate mofetil had been prescribed. However, he developed recurrent hepatocellular carcinoma within a year of transplantation and had been treated with thalidomide and transarterial chemoembolization (TACE) (Fig. 1).

On his arrival, physical examination revealed anemic conjunctiva and a distended abdomen. Hemoglobin was 8.1 g/dl. Panendoscopy showed small esophageal varices, congested-appearing mucosa, and polypoid lesions, located at the middle third of the esophagus and at the gastric cardia (Fig. 2). Biopsy of polypoid lesions showed a tumor which was histologically consistent with HCC (Fig. 3) and which was stained for alphafetoprotein (AFP). The upper gastrointestinal bleeding stopped after conservative treatment. The patient died of disease progression 4 months later.

In the literature, reported cases of esophageal metastasis from HCC presented with major symptoms including gastrointestinal bleeding and dysphagia. The polypoid lesion or submucosal mass is the most common finding at endoscopy. We present here the first reported case of esophageal and gastric metastases of HCC after liver transplantation as a cause of upper gastrointestinal bleeding. The varices seen at endoscopy imply that haematogenous spread is a possible route of metastasis from HCC to esophagus and stomach. Also, the presence of immunosuppressant drugs may facilitate tumor cell metastasis, as in our patient.

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References

Fig. 3 Photomicrograph of biopsy specimens showing tumor cells with pink cytoplasm, growing in a trabecular and sinusoid pattern (hematoxylin and eosin [H&E], × 200): a esophageal polypoid lesion; b gastric polypoid lesion.