Novel clip method for endoscopic submucosal dissection defect closure reducing submucosal dead space in antithrombotic gastric patients

Wound suture after endoscopic submucosal dissection (ESD) is anticipated to be beneficial in the stomach, particularly for patients taking antithrombotic medications, as they face an increased risk of posterior bleeding [1, 2]. However, defect closure in the stomach presents challenges due to its relatively thick mucosa and muscular layer [3]. This was achieved without leaving any submucosal dead space by using a novel clip that features sharp claws at the tip for a strong grasping force (Fig. 1). The video shows the procedure (Video 1).

A man in his 80s with a history of stroke taking 30 mg/day of edoxaban underwent ESD for a 20-mm lesion on the anterior wall of gastric antrum. Edoxaban was discontinued only on the day of the treatment. Before suturing, the visible vessels were cauterized using hemostatic forceps. The clip was used to grasp the muscle layer in the middle of the wound margin and then brought to the contralateral side of the margin (Fig. 2a). Once close enough, the muscle layer was pulled in with suction and then clipped (Fig. 2b, c). The top and bottom of the first clip were clipped in the same manner (Fig. 2d, e). The wound was sutured to ensure that the muscle layer was crimped, preventing any occurrence of submucosal dead space. Additional regular clips were used to close the space between the previously placed clips (Fig. 2f).

Following ESD, the patient resumed taking edoxaban on the day after the procedure without experiencing any posterior bleeding or delayed perforation.

While there have been several reports of suture methods using clips or endoscopic instruments, these approaches tend to cause submucosal dead space because they draw the mucosal layer [4, 5]. The method minimizes submucosal dead space by crimping the muscular layer instead of pulling the mucosa. This technique is valuable for achieving strong wound closure in the stomach.

Conflict of Interest

The authors declare that they have no conflict of interest.
The authors

Taisuke Inada1, Yorinobu Sumida1, Hitoshi Homma1, Kosuke Maehara1, Kazuo Shiotsuki1, Shin-ichiro Fukuda1, Hirotada Akiho1
1 Department of Gastroenterology, Kitakyushu Municipal Medical Center, Kitakyushu, Japan

Corresponding author

Yorinobu Sumida, MD
Department of Gastroenterology, Kitakyushu Municipal Medical Center, Bashaku Kokurakita-ku, Kitakyushu-shi 2-1-1, 802-0077 Fukuoka, Japan
y.raisin@gmail.com

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