Endoscopic ultrasound-guided palliative enterocolostomy via lumen-apposing metal stent in the setting of ascites and Roux-en-Y gastric bypass

Endoscopic ultrasound-guided enterocolostomy (EUS-EC) has recently been shown to be a novel technique for palliation of malignant, distal, small-bowel obstruction [1]. We present a case in which EUS-EC was successfully created via a lumen-apposing metal stent (LAMS) as an alternative to standard interventions for palliative decompression.

A 44-year-old woman with previous history of Roux-en-Y gastric bypass and recently diagnosed stage IV adenocarcinoma of unknown primary was admitted for small-bowel obstruction secondary to peritoneal carcinomatosis (▶Video 1). The patient was a poor candidate for standard palliative interventions (i.e. decompressive gastrostomy) owing to peritoneal disease, ascites, and Roux-en-Y gastric bypass surgical anatomy.

Computed tomography on admission showed the descending colon to be in proximity to the distended small bowel (▶Fig. 1). This was confirmed with lower EUS; however, the initial window was suboptimal due to the presence of ascites. The decision was made to perform a paracentesis the day of repeat procedure. Repeat lower EUS then demonstrated large and proximal small bowel in close apposition. After identifying the target small bowel, a 19-gauge needle was used for transmural injection of contrast and a small-bowel enterogram was obtained. A cautery-enhanced LAMS (20 × 10 mm AXIOS Stent with Electrocautery Enhanced Delivery System; Boston Scientific, Marlborough, Massachusetts, USA) was deployed under EUS and fluoroscopic guidance for the creation of an enterocolonic anastomosis (▶Fig. 2). The stent was appropriately positioned and small-bowel succus was observed flowing from the stent. The patient was treated with broad-spectrum antibiotics during the periprocedural period.

The patient experienced immediate relief of obstructive symptoms. Appropriate positioning of the stent was confirmed by computed tomography and her diet slowly advanced to full liquids (▶Fig. 3). EUS-EC is an alternative intervention for the palliation of malignant small-bowel obstruction in selected patients, offering the possibility of symptomatic relief and oral nutrition.

Conflict of Interest

J. D. Morris is a consultant for Boston Scientific. J. DuBroff and D. Ramai declare that they have no conflict of interest.
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