Digestive angiodysplasias are responsible for about 10% of lower digestive bleeds and may also be revealed with an iron deficiency-related anemia [1]. They are common in elderly populations with a history of heart disease or anticoagulant medication. The currently recommended treatment is the use of argon plasma. However, this treatment can be associated with significant morbidity, especially for large angiodysplasias where post-procedural hemorrhage or secondary perforations are reported [2].

As shown in ▶ Fig. 1 and ▶ Video 1, we report here the case of a 72-year-old man with a 25-mm large right colonic angiodysplasia, visible on computed tomography (CT) scan at arterial time. This lesion was responsible for recurrent anemia and digestive bleeds, favored by anticoagulant treatment. A treatment with argon had already been performed but the symptomatology had recurred. An endoscopic submucosal dissection (ESD) was therefore proposed for this patient, with success. We feared a possible intense submucosal fibrosis, which is why the dissection was started 15 mm upstream of the angioma in healthy mucosa. This technique allowed penetrating into the submucosal space in order to treat the feeding vessel in a targeted way. We report no complications following the procedure, and 1 month afterward the CT scan confirmed the vanishing of the angiodysplasia.

Endoscopic mucosal resection has been reported to treat colonic angiodysplasias [3, 4]. However, ESD has the advantage of being able to treat angiodysplasias of more than 20 mm and to coagulate the feeding vessel in a targeted manner. In experienced hands, ESD allows targeted coagulation of the feeding vessel and seems to be a promising method to treat large colonic angiodysplasias if conventional treatment fails.

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Competing interests

The authors declare that they have no conflict of interest.

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Video 1 Submucosal dissection of a large colonic angiodysplasia with targeted coagulation of the feeding vessel.

References


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