Modified endoscopic vacuum therapy for duodenal hemorrhage in patients with severe acute respiratory syndrome coronavirus 2

The use of extracorporeal membrane oxygenation is eventually needed in patients with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) [1]. Hemorrhage is a frequent complication in these patients, including gastrointestinal bleeding, mainly caused by increased inflammatory state, hyperfibrinolysis, coagulopathy, platelet dysfunction, endotheliitis, anticoagulant use, thrombocytopenia, and the extracorporeal membrane oxygenation non-pulsatile blood flow [2, 3]. The duodenum is the most affected organ, probably due to the higher exposure to biliopancreatic secretion associated with reduction in gastrointestinal motility and perfusion (Fig. 1). In most cases, there is diffuse bleeding usually refractory to conventional endoscopic hemostatic therapies. Therefore, we present the first reports of a novel mechanism-based therapy for these critically ill patients. Such therapy is based on the use of endoscopic vacuum therapy that promotes deformation at the cytoskeletal level, exudate control, increased angiogenesis, and reduces aggressive mucosal factors such as gastric and biliopancreatic secretions [4, 5]. Thus, it treats vascular fragility associated with endotheliitis that is associated with gastrointestinal bleeding in these patients (Fig. 2). A modified endoscopic vacuum therapy using a triple-lumen tube to allow for nutrition and drainage with a single tube through the nares is used, as previously described (Fig. 3, Fig. 4) [5].

Initial esophagogastroduodenoscopy (EGD) typically demonstrated duodenal villous atrophy associated with diffuse bleeding, including active ulcers and visible vessels, which were refractory to conventional endoscopic hemostatic therapies, including hemostatic powder. After endoscopic vacuum therapy placement, all patients were hemodynamically stable within 4–7 days, with no signs of gastrointestinal bleeding. Follow-up EGD demonstrated a completely healed mucosa with no signs of villous atrophy or bleeding (Video 1).

In our experience, this technique is associated with high technical and clinical success rates, allowing early enteral nutrition, with no adverse events and a low rate of rebleeding after endoscopic vacuum therapy removal. After the successful use of this approach in refractory
cases, we no longer offer conventional endoscopic hemostatic therapies for patients with diffuse gastrointestinal bleeding associated with SARS-CoV-2 on extracorporeal membrane oxygenation, reducing the need for multiple endoscopic procedures and transfusions.

Endoscopy_UCTN_Code_CPL_1AH_2AC

Acknowledgments

We would like to thank all the multidisciplinary team at the Vila Nova Star Hospital, as well as the patients and their families who trusted in our proposed technique.

Competing interests

The authors declare that they have no conflict of interest.

The authors

Diogo Turiani Hourneaux de Moura1,2, Eduardo Guimarães Hourneaux de Moura1,2, Bruno Salomão Hirsch2, Gustavo L. Rodela Silva1, Stéphanie I. Rizk1,3, Paulo M. Hoff1,4, Ludhmila A. Hajjar1,3
1 Instituto D’Or de Pesquisa e Ensino (IDOR), São Paulo, Brazil and Hospital Vila Nova Star, São Paulo, Brazil
2 Gastroenterology Department, Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo, São Paulo, Brazil
Corresponding author

Diogo T. H. de Moura, MD
Hospital Vila Nova Star, Rua Dr. Alceu de Campos Rodrigues, 126, Vila Nova Conceição, 04544-000 São Paulo, SP, Brazil
Fax: +55 11 2661-6467
diogo.moura@vilanovastar.com.br

References