Successful treatment of an iatrogenic biliary stricture using holmium laser “recanalization” and multistenting technique

A 55-year-old woman admitted for jaundice 2 months after cholecystectomy underwent magnetic resonance imaging, which showed a common bile duct (CBD) stricture. Cholangiography during endoscopic retrograde cholangiopancreatography showed a tight stricture of the proximal CBD near the projection of the surgical clips, with no passage of contrast medium into the intrahepatic bile ducts (IHBD). At cholangioscopy using SpyGlass DS (Boston Scientific), a complete stricture of the proximal CBD was observed with a metallic clip visible inside the CBD (▶ Fig. 2). The on-call interventional radiologist performed a percutaneous transhepatic biliary drainage (PTBD) procedure in order to try a rendezvous approach. Percutaneous contrast medium injection confirmed dilated IHBD with complete absence of the proximal CBD lumen for a length of at least 5 mm. Multiple attempts to pass a guidewire through the stricture, both percutaneously and endoscopically, failed.

We decide to use holmium:YAG laser to cut through the biliary wall (▶ Video 1) under cholangioscopic view by radiologically following with SpyGlass the presumed anatomic direction of the CBD until “recanalization” of the stricture was achieved. After hydropneumatic balloon dilatation of the stricture up to 8 mm, the choledochoscope was able to pass through the stricture (▶ Fig. 4) over the guidewire into the IHBD, directly visualizing the PTBD, which was finally removed. Lastly, four plastic biliary stents were placed bilaterally across the stricture. After an intermediate exchange and addi-
tion of two more stents, cholangiography 6 months later showed complete resolution of the stricture (▶ Fig. 5).

Endoscopic therapy is considered the first-line treatment for benign biliary stricture following cholecystectomy [1–3]. A multidisciplinary approach in collaboration with an interventional radiologist was useful [4] in managing this case of complete iatrogenic proximal CBD stricture, enabling the operator to be guided during the application of the holmium laser technique. In this way, “recanalization” of the CBD lumen was achieved, thus permitting the usual multitesting treatment to be carried out.

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Competing interests
Dr. Roberto Di Mitri is consultant to Boston Scientific. The other authors have no conflicts of interest and disclosed no financial relationships relevant to this publication.

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