Stage-Oriented CT Classification and Intermodal Evolution Model in Hepatic Alveolar Echinococcosis

Stadienorientierte CT-Klassifikation und intermodales Evolutionsmodell bei hepatischer alveolärer Echinokokkose

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ABSTRACT

Background Alveolar echinococcosis (AE) is one of the most dangerous human parasitoses. The main site of disease manifestation is the liver (about 98%). The Echinococcus Multilocularis Ulm Classification for Computed Tomography (EMUC-CT), presented in 2016, was the first compilation of CT morphological criteria of hepatic AE. Studies based on EMUC-CT made it possible to draw conclusions about the development of the lesions in the course of disease beyond purely diagnostic typing. Among the most important findings of these precursor studies was that EMUC-CT type IV presented as an initial lesion, whereas EMUC-CT type III lesions were mostly associated with an advanced disease constellation. An intermodal view of image morphological criteria provides further multi-layered indications for lesion evolution.

Method With the “Alveolar Echinococcosis Ulm Classification” (AEUC), a revision of the previous EMUC-CT was carried out with stage-oriented reorganization of the primary morphologies. Furthermore, an intermodal classification scheme for the evolution of hepatic AE lesions based on AEUC, MRI Kodama classification, and aspects of ultrasound could be outlined.

Results The first stage-oriented CT classification of hepatic AE “AEUC” is based with respect to its lesion characterization on the separate consideration of two classification pillars, the five “primary morphologies”, AEUC I-V (AEUC II-IV with subcriteria) and the five “patterns of calcification”. In addition, an intermodal classification scheme presents five stages of lesion evolution: “initial stage”, “progressive stage”, “advanced stage”, “transitional stage” and “regressive stage”.

Conclusion The imaging modalities differ with respect to their visualization of lesion criteria. This underlines the need for unimodal classification systems. Staging of an AE lesion can be done more accurately by evaluating different modalities.

Key Points:
▪ The AEUC provides a stage-oriented CT classification for hepatic AE.
▪ Aspects of different modalities allow a more multi-layered view of lesion evolution.
▪ More accurate staging can be achieved by combining different modalities.

Citation Format
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Introduction
Alveolar echinococcosis (AE), which is caused by the ingestion of eggs of the small fox tapeworm Echinococcus multilocularis, is the most dangerous human parasitosis if left untreated [1, 2]. Cases of AE are seen in the northern hemisphere with the main endemic regions being in central Europe and western China. Baden-Württemberg and Bavaria are the main endemic regions in Germany with a tendency to spread to other parts of the territory [3–8]. In the period 1992–2016, the prevalence of AE in Germany was 0.64/100 000 inhabitants, with a prevalence of 2.18/100 000 inhabitants in Baden-Württemberg and 1.48/100 000 in Bavaria [3–8]. The greatest number of cases of the disease worldwide have been reported in China. The main risk factors include the keeping of dogs, participation in agricultural or forestry activities, and the consumption of plants from the garden [9]. Human beings are dead-end hosts in the development cycle of this parasitic disease. The liver is the main site of manifestation of the disease with its involvement in approximately 98 % of cases. All other organs can be affected, albeit much more rarely [10, 11]. In central Europe, curative surgical therapy is still possible in the event of limited disease and can mimic various benign and malignant liver masses, diagnosis of which remains difficult [12]. Therefore, AE imaging studies are important. To date, there are three morphological classifications for the different imaging modalities for hepatic AE. The Kodama classification from 2003 defines five types of AE lesions on MRI, while the "Echinococcus Multilocularis Ulm Classification for Ultrasound" (EMUC-US) was introduced as a descriptive diagnostic instrument for US in 2015 [17, 18]. The EMUC-US differentiates between "hailstorm pattern", "pseudo-cystic pattern", "ossification pattern", "hemangioma-like pattern", and "metastasis-like pattern". However, US diagnosis is difficult in the case of complex, poorly definable AE lesions and significant calcification. The T2w-based Kodama classification for MRI, which is discussed in greater detail in the subsequent
intermodal evaluation, is shown in Fig. 1. The “Echinococcus Multilocularis Ulm Classification for Computed Tomography” (EMUC-CT), which was introduced in 2016, provided a structured compilation of the most important morphological CT criteria with five primary morphological types and typical calcification patterns to improve the diagnosis of AE [19].

There is a stage-adapted intermodal classification based on the image morphology of the liver lesions for cystic echinococcosis (CE) but not for AE [14]. Such a classification is more difficult for AE due to the more complex lesions. In addition, differences in image information between imaging modalities plays a greater role in AE than in CE. Therefore, the existing, not yet stage-adapted AE classifications for MRI, US, and CT are not always directly comparable [20]. In contrast to the presented primary diagnostic classifications of hepatic AE for the individual modalities, the PNM classification, which was introduced in 2006, allows diagnosis of intrahepatic and extrahepatic spread of AE [21].

The most recent study results indicate more than the purely diagnostic value of the morphological typing of hepatic AE and allow conclusions about the evolution of lesions over the course of the disease.

Therefore, on the basis of the EMUC-CT, the lesion types were examined regarding their behavior under benzimidazole treatment, their prevalence in various endemic regions with different degrees of disease progression, their correlation with intrahepatic manifestation criteria (size, vascular/biliary infiltration) and simultaneous extrahepatic involvement, the density values of their cystoid components, their PET activity and serology, and finally regarding histopathological criteria [22–27].

Important information provided by these studies was that type IV of the EMUC-CT represents an initial lesion, while EMUC-CT type III is associated with an advanced disease constellation [23, 24].

The frequent absence of PET activity in small EMUC-CT type IV lesions can be explained histologically by centralization of the alveolus, which therefore often is still surrounded by a margin of isolating solid necroses, while other lesion types with a larger size represent various stages of more advanced AE lesions in which the inflammatory activity is again located at the margin within the scope of an exacerbation [26].

<table>
<thead>
<tr>
<th>Kodama Classification</th>
<th>Scheme</th>
<th>MRI</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Type 1:</strong> Multiple small round cysts without a solid component</td>
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<tr>
<td><strong>Type 2:</strong> Multiple small round cysts with a solid component</td>
<td></td>
<td></td>
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<tr>
<td><strong>Type 3:</strong> A solid component, surrounding large / irregular cysts with multiple small round cysts</td>
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<td></td>
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<tr>
<td><strong>Type 4:</strong> A solid component without cysts</td>
<td></td>
<td></td>
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<tr>
<td><strong>Type 5:</strong> A large cyst without a solid component</td>
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</tbody>
</table>

▶ Fig. 1 Scheme of T2w-based Kodama classification and MRI sample images of the different lesion types.
A histopathological/CT morphological comparison study based on histological criteria provided additional important information about the development status of AE lesion types in the course of the disease thus suggesting lesion evolution. As a result of this study, type IV according to EMUC-CT was defined as the "initial stage", types I and II as the "progressive stage", type III as the "advanced stage" and type V as the "regressive stage" [27].

In summary the precursor studies indicate stage-based evolution of hepatic AE lesions, with lesion progression of the primary morphology being able to be prevented by parasitostatic treatment with an increase in calcification [22–27]. Therefore, a revision of the EMUC-CT with reclassification of the primary morphological lesion types based on aspects of lesion evolution was considered helpful since the EMUC-CT only numbered the primary morphologies based on the frequency of occurrence within the original German collective without consideration of possible development stages [19]. Accordingly, the "Alveolar Echinococcosis Ulm Classification" (AEUC) provides a new, stage-oriented CT classification of hepatic AE.

Finally, based on the results of the most recent AE studies, an intermodal classification model of the evolution of hepatic AE lesions with five stages can be outlined, taking into consideration the AEUC for CT, the MRI Kodama classification, and aspects of US.

**Main text**

**Basis of the revision of the CT classification**

**Transformation of the EMUC-CT into the stage-oriented AEUC**

The EMUC-CT classification was renamed AEUC to avoid confusion with the previous typing as well as possible parallels to the persisting EMUC-US classification since the lesion types cannot always be readily transferred between CT and US because of differences in the methods and because of possible calcification [18–20]. A further reason for the renaming of the CT classification was that the disease being classified is alveolar echinococcosis and it seemed more logical to use the name of the disease and not that of the parasite, *Echinococcus multilocularis*, in the nomenclature.

Like the EMUC-CT, the AEUC also uses two independent complementary pillars, namely primary morphology and calcification pattern (Fig. 2), to characterize AE lesions [19, 22, 26].

The avoid confusion between the AEUC typology and the typology of the former EMUC-CT classification system, the new primary morphologies were defined as "AEUC I–V" and no longer as "type I–V" [19]. The descriptive names of the primary morphologies already presented in the EMUC-CT were maintained in the...
new classification in accordance with the changed order as specified in the following.

In contrast to the EMUC-CT, stage-oriented classification of the primary morphologies was used in the AEUC. Accordingly, the former EMUC-CT type IV as the initial small lesion is the first morphology of the new classification scheme (AEUC I “small cystoid/metastasis-like”). The other primary morphologies representing progressive and advanced lesions were then able to be arranged in ascending order so that EMUC-CT type I was changed to AEUC II “diffuse infiltrating”, EMUC-CT type II to AEUC III “primarily circumscribed tumor-like”, and EMUC-CT type III to AEUC IV “primarily cystoid”. EMUC-CT type V was able to be maintained as a possible regressive stage in the new classification as AEUC V “primarily calcified” [27]. In contrast to EMUC-CT, the primary morphology “primarily cystoid” was not divided into the size-dependent subgroups a/b in the AEUC since precursor studies found no advantage to such a differentiation [26, 27].

The possible calcification patterns were reduced from six in the EMUC-CT to five in the AEUC since the relatively nonspecific and purely spatial pattern “with calcification primarily at the edge” was eliminated. However, the special pattern “with a central calcification” was retained. Occurrence of this calcification pattern with the typical central point-shaped manifestation as a possible
A pathognomonic indicator is still possible only in the primary morphology "small cystoid/metastasis-like" and is therefore marked with an asterisk like this primary morphology [19, 23, 24, 26]. Besides the special nature of a central calcification, it should be mentioned that calcifications can increase over the course of the disease or during treatment. In particular, feathery calcifications are on the other hand associated with the highest inflammatory activity of vital lesions [22, 26, 28]. The further calcification patterns were therefore adopted in the AEUC.

The remaining five calcification patterns of the AEUC are: "Without calcification", "with feathery calcification", "with focal calcification", "with diffuse calcification", and "with a central calcification".

**Representation and application of the AEUC**

### Primary morphologies and calcification patterns

The criteria for the primary morphologies AEUC I–V and for the AEUC calcification patterns are listed in [Table 1](#). Refer to the left side of [Fig. 2](#) (schematic) and [Fig. 3](#) (CT images) for the primary morphologies. The calcification patterns are shown schematically on the right side of [Fig. 2](#).

As in the EMUC-CT, the two classification pillars must also be combined in the AEUC for a comprehensive description of the lesion with the primary morphology and the corresponding subcriterion for AEUC II–IV first followed by the calcification pattern. In contrast to the other primary morphologies, the primary morphology "primarily calcified" (AEUC V) is the only one not further defined within the AEUC by a supplementary calcification pattern due to the already dominant calcification [19] ([Fig. 2](#)).

**Reporting of hepatic AE in CT**

For detailed evaluation of hepatic AE on CT, a structured reporting form was developed on the basis of the AEUC ([Fig. 4](#)). In addition to AEUC classification, the form can also be used to document additional criteria of hepatic AE manifestation that were identified as important with respect to the overall assessment at the onset and over the course of the disease [19, 22–28].

**Initial use of the AEUC in a patient collective of the national AE database**

The AEUC was applied empirically in a collective of n = 140 AE patients of the University Hospital Ulm. The assessment was performed independently by a radiologist with a number of years of experience in the field of AE as well as by a fourth-year radiology resident with good knowledge of CT imaging. There was an interrater reliability (Cohen’s Kappa) in relation to the primary morphologies of 0.8268 (95% CI: 0.7453–0.9084) with p < 0.0001. The analysis of the not yet published data from the collective is provided in [Table 2](#).

**Intermodal classification model of lesion evolution in hepatic AE**

An intermodal classification model of hepatic AE lesions, which takes the primary morphologies of the AEUC for CT, the MRI Kodama classification as well as aspects of US into consideration, can be outlined in the following based on recent study results. The evolution of the lesion morphologies is presented in consideration of the most important intermodal aspects ([Fig. 5a](#)) [17, 22–27, 29–31].
Registration form

Alveolar Echinococcosis Ulm Classification (AEUC)

<table>
<thead>
<tr>
<th>Basic data</th>
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<tbody>
<tr>
<td>Surname:</td>
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<tr>
<td>First name:</td>
<td></td>
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<tr>
<td>Date of birth (d./m./y.):</td>
<td></td>
</tr>
<tr>
<td>Sex:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>male</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AEUC</th>
<th>Date of CT-scan (d./m./y.)</th>
<th>Recurrent disease</th>
<th>Status after resection in curative intention</th>
<th>Grade of calcification regarding the largest lesion</th>
<th>Pattern of calcification regarding the largest lesion</th>
<th>Metrics</th>
<th>Liver-segments affected by the largest lesion</th>
<th>Vascular / bilar involvement through the largest lesion</th>
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Fig. 4 Structured reporting form based on the AEUC. The thick-framed area of the recording sheet marks the actual AEUC. In addition to classification according to AEUC, the recording form also allows documentation of other important criteria of hepatic AE manifestation with regard to the overall assessment at baseline and during the course. Furthermore, if there is more than one liver lesion, the total number of lesions and possible further primary morphologies of smaller lesions can be noted with the number of their respective occurrence.

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First of all, according to the aforementioned histopathological/CT-morphological comparison study based on the EMUC-CT, the reorganized AEUC can be underpinned by the stages of lesion evolution described there: AEUC I “small cystoid/metastasis-like” corresponds to the “initial stage”, AEUC II “diffuse infiltrating” and AEUC III “primarily circumscribed tumor-like” correspond to the “progressive stage”, AEUC IV “primarily cystoid” corresponds to the “advanced stage” and AEUC V “primarily calcified” corresponds to lesions in the “regressive stage” [27].

Initial “small cystoid/metastasis-like” lesions that arise from a single early alveolus can either progress with the formation of additional alveoli or die off – typically as a result of progressive centrifugal calcification or due to increasing solid necrosis that consumes the central alveolus [26]. Temporary hibernation of such lesions with potential for reactivation can also occur. The histological lesion structure includes typical centralization of the active alveolus and the lamellar body surrounded by isolating solid necrosis which consequently prevents an inflammatory reaction in the surrounding tissue on PET [25, 26]. For correct histological diagnosis, the center of such lesions must therefore be punctured so that the lamellar body is included [27]. A sample case in which MRI was originally used for a clinical reason other than diagnosing AE incidentally shows directly traceable initial AE lesion evolution (Fig. 6). Therefore, such small initial lesions can also develop into larger, progressive lesions within a relatively short time period, probably when the body is not able to form or maintain the isolating necrosis around the vital alveolus. In the present case disease progression was initially

**Table 2** Basic data of the study collective and evaluation of the largest hepatic AE lesion in each case according to AEUC (n = 140).

<table>
<thead>
<tr>
<th>N = 140</th>
<th>N (%)</th>
<th>Mean ± SD (median)</th>
<th>(Min–max)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td></td>
<td>60.44 ± 15.90 (63.00)</td>
<td>21.00–88.00</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>59 (42.14 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>81 (57.86 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary morphology</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AEUC I</td>
<td>34 (24.29 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AEUC II</td>
<td>50 (35.71 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With cystoid portion</td>
<td>15 (30.00 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without cystoid portion</td>
<td>35 (70.00 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AEUC III</td>
<td>36 (25.71 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With cystoid portion</td>
<td>8 (22.22 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without cystoid portion</td>
<td>28 (77.78 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AEUC IV</td>
<td>16 (11.43 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With more solid portions at the edge</td>
<td>9 (56.25 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without more solid portions at the edge</td>
<td>7 (43.75 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AEUC V</td>
<td>4 (2.86 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pattern of calcification</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without calcification</td>
<td>44 (31.43 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With feathery calcification</td>
<td>17 (12.14 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With focal calcification</td>
<td>21 (15.00 %)</td>
<td></td>
<td></td>
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<tr>
<td>With diffuse calcification</td>
<td>46 (32.86 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With a central calcification</td>
<td>8 (5.71 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No assignment of calcification for AEUC V</td>
<td>4 (2.86 %)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean lesion size (mm)</td>
<td></td>
<td>62.43 ± 41.07 (52.00)</td>
<td>8.00–195.00</td>
</tr>
<tr>
<td>AEUC lesion sizes (mm)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AEUC I</td>
<td>20.50 ± 8.84 (20.00)</td>
<td>8.00–41.00</td>
<td></td>
</tr>
<tr>
<td>AEUC II</td>
<td>77.88 ± 35.77 (76.00)</td>
<td>30.00–183.00</td>
<td></td>
</tr>
<tr>
<td>AEUC III</td>
<td>62.22 ± 26.06 (56.00)</td>
<td>29.00–129.00</td>
<td></td>
</tr>
<tr>
<td>AEUC IV</td>
<td>111.13 ± 45.97 (105.50)</td>
<td>47.00–195.00</td>
<td></td>
</tr>
<tr>
<td>AEUC V</td>
<td>32.75 ± 13.15 (31.50)</td>
<td>18.00–50.00</td>
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</tbody>
</table>
documented by follow-up MRI examinations and within two years the finding resulted in two FDG-PET-positive AEUC-III lesions on CT. A small initial alveolar lesion, which in contrast to a normal small liver cyst has surrounding edema on diffusion-weighted (DWI) MRI and T2w, can be identified even prior to the formation of the alveolus based on the local edema. Edema is apparently the first visible morphological sign of a new hepatic AE infection (▶ Fig. 5a, 6).

It is problematic that such small lesions are not included in the primary T2w-based MRI Kodama classification [17] and can easily be misinterpreted as small simple cysts or even overlooked due to their minimal size [25, 26, 32]. The hypointense T1w signal in addition to T2w can sometimes help to better delimit initial lesions with only a small central alveolus. In contrast on CT, additionally the marginal solid hypodense necrosis can be visualized more clearly and in combination with an even smaller central alveolus – if the latter is present – such lesions as a whole present as small, but well delimitable hypodense manifestations in this modality [25]. US can visualize the internal structures of such small lesions with the highest resolution but has problems with the precise visualization of large and calcified AE lesions (hailstorm pattern) [18, 20] (▶ Fig. 7).

Since there were only few points differentiating the primary morphologies “diffuse infiltrating” (AEUC II) and “primarily circumscribed tumor-like” (AEUC III) from one another in most precursor studies, those two forms of manifestation can be seen as...
different morphological expressions of early and intermediate lesion progression with a possible change between the two morphologies [27].

Current studies show that various lesion types can become a "primarily calcified" AEUC lesion in the "regressive stage" due to a decrease in size and increasing calcification. A direct transition from small AEUC I lesions – spontaneous or during benzimidazole therapy – to correspondingly small, calcified lesions is certainly most common [22, 27].

A study comparing PET activity and MRI morphology according to Kodama showed that a reduction of the inflammatory response of the lesions can be attributed to the loss of the alveoli [29]. Based on this, solid and cystic AE lesions without alveoli (Kodama types 4 and 5) were also described as types of regression [31].
Thus, in addition to complete calcification as a form of regression, further types of regression in the form of completely solid or liquid necrotizing lesions are possible. In this context, solid lesions tend toward greater calcification than primarily liquid lesions [33]. In regard to CT, not only AEUC I but occasionally also AEUC III and IV lesions in the case of progressive decimation of alveoli with an increase in solid or liquid necroses can undergo an additional “transitional stage” to regressive lesions. Therefore, such a “transitional stage”, which can extend beyond the boundaries of various primary lesion morphologies, was included in the intermodal evolution concept (Fig. 5a). In the case of lesions in the “transitional stage”, reactivation and exacerbation seem increasingly unlikely. In contrast, in the preceding “progressive stage” and in the “advanced stage”, the site of disease activity is still the margins of the lesion, allowing further exacerbation. Therefore, MRI with visualization of alveoli offers important information for the differentiated evaluation of such lesions [17, 29].

Like the international epidemiological CT comparison studies mentioned in the introduction [23, 24], two corresponding MRI studies based on the Kodama classification with 200 cases each support a categorization of AE lesions within the intermodal classification scheme of evolution of hepatic AE lesions shown in Fig. 5a [30, 31]. Accordingly, Kodama types 1 and 2 are used to classify early and progressive lesions, Kodama type 3 advanced lesions, and Kodama types 4 and 5 degenerative lesions [30, 31, 33]. A differentiation between Kodama 3a and 3b depending on the presence of alveoli is proposed [31]. The assignment of the schematically presented lesions of the intermodal evolution model to both the AEUC primary morphologies for CT and to the MRI Kodama types is shown in Fig. 5b, c. Comparison to Fig. 5a shows that due to method-dependent overlapping of the individual systems the assignment of an AE lesion to a certain stage can be performed more precisely when the image information of the classifications of both modalities are combined. The morphologies of the EMUC-US can also be transferred to the evolution scheme, e.g., “metastasis-like”, “pseudocystic”, or “ossification” pattern. However, larger comparative studies on US are not currently available.

In addition to the schematic drawing of lesion morphology in Fig. 5a supplementary parameters that are important for the evaluation of AE lesions are the pattern and degree of calcification [22, 26, 28], the possible subtle surrounding contrast enhancement with the typical lack of contrast enhancement of the actual lesion, and finally the peripheral PET activity and diffusion restriction [15, 26, 33–35]. Immunology, histology [27, 36–38], and serology [26, 39, 40] are further pillars of the diagnosis. The currently available results of such parameters have been applied to the development of the evolution model. The presented scheme provides a systematic foundation for further studies on the indicated parameters, particularly in light of the described necessity of unimodal as well as intermodal assessment of hepatic AE lesions.

The classification systems presented here allow standardized diagnosis adapted to the development stages of AE lesions. Prospective observation of untreated AE cases to establish such systems would not be ethical. However, on the presented basis prospective studies on a possible influence of lesion stages on treatment and the prognosis of AE particularly with respect to non-operable cases should be performed.

▶ Fig. 7 Ultrasound can visualize the internal structures of small initial lesions with the highest resolution. The initial alveolus carrying the lamellar body may at first be surrounded by isolating solid necrosis a, b left side. In addition to exacerbation through the active alveolus, initial observations suggest that small lesions may also pass into regressive forms, either via increase in centrifugally spreading calcification a or by complete solid necrosis b, in each case at the cost of the central alveolus.
Conflict of Interest

The authors declare that they have no conflict of interest.

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