Among the challenges encountered during endoscopic submucosal dissection (ESD), firm “retraction” of the muscularis propria towards the tumor (the “muscle-retracting” sign) can lead to non-curative resection, failure to complete ESD, or perforation [1]. Peranal endoscopic myectomy has been introduced as a means for dealing with such lesions, its merit however is currently limited to the lower rectum, where the muscularis propria is thicker compared with the rest of the colon [2]. Based on the above, we decided to illustrate a technical variation of ESD that was used to achieve an R0 resection for a cecal type 0-Ia tumor with the muscle-retracting sign (▶ Fig. 1; ▶ Video 1). During colonoscopy, an 18-mm 0-Ia tumor was identified in the cecum of an 80-year-old man with a history of post-stroke paralysis. Because of the patient’s age and underlying disease, ESD was performed. During ESD, a muscle-retracting area was recognized in the center of the lesion and the surrounding submucosa was dissected to expose this area. The mucosal incision was then completed, leaving only the muscle-retracting area temporarily intact (▶ Fig. 2a). In order to achieve R0 resection and prevent perforation, a reopenable hemoclip was anchored onto the muscle-retracting area as close as possible to the muscularis propria (▶ Fig. 2b). The remaining tissue above the clip was then dissected, while avoiding contact between the ESD knife and the metal “arms” of the hemoclip.
ESD was completed without perforation, and the ESD defect was completely closed with hemoclips to prevent delayed perforation.

The muscle-retracting area could be identified on the resected surface of the specimen (Fig. 3). Histopathologic examination revealed tumor invasion into the submucosa (4500 μm) just above the muscularis propria (pT1b), but the resection margins were negative and no lymphovascular invasion was documented (Fig. 4).

In conclusion, upon identification of the muscle-retracting sign during ESD, clipping at the base of the muscle-retracting area and dissection above the clip can prevent perforation while maximizing resection depth to ensure an R0 resection.

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**Competing interests**

The authors declare that they have no conflict of interest.

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**Fig.2c**. ESD was completed without perforation, and the ESD defect was completely closed with hemoclips to prevent delayed perforation.

**Fig.3** Macroscopic appearance of the resected specimen showing: a the mucosal surface; b the resected surface.

**Fig.4** Histopathological appearance of a section of the deepest region: a with hematoxylin and eosin (H&E) staining; b with desmin staining; c at higher magnification, showing deep submucosal invasion just above the muscularis propria, which was consistent with a type 0-Ia, 15 × 15-mm adenocarcinoma (tub1, pT1b [4500 μm], ly0, v0, BD1, pHM0, pVM0).

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