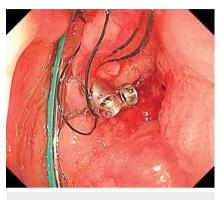
Drainage via colonic transendoscopic enteral tubing increases our confidence in rescuing endoscopy-associated perforation

A 25-year-old woman with stricturing Crohn's disease in the transverse colon underwent endoscopic balloon dilation. A colonic transendoscopic enteral tube (outer diameter 2.7 mm, FMT-DT-F-27/ 1350; FMT Medical, Nanjing, China) with loops was fixed onto the ascending colon wall by endoscopic clips [1] after dilation (Fig. 1). The colonic transendoscopic enteral tube was primarily for frequently delivering medications and for transplantation of washed microbiota [2] after endoscopy-associated perforation and bleeding were excluded. However, perforation was identified on X-ray (>Fig.2) when she complained of abdominal pain and fever 1 day after endoscopy. The transendoscopic enteral tube was immediately used to drain the air and fluid in the colon using syringe suction (▶ Fig. 3). She recovered rapidly and started enteral nutrition 4 days later. Interestingly, she suffered another endoscopic dilation-induced perforation 1 year later and was successfully rescued in time by the same colonic transendoscopic enteral tube technique and antibiotics.

In order to confirm the rescue value of transendoscopic enteral tube drainage for endoscopy-associated perforation, a 51-year-old man with ulcerative colitis and laterally spreading mild dysplasia in the sigmoid colon was similarly managed. The perforation was identified on computed tomography 3 days after endoscopic submucosal dissection (ESD) (> Fig. 4), although antibiotics were used post-ESD. The colonic transendoscopic enteral tube was fixed onto the descending colon wall for drainage (> Video 1). He recovered very quickly and started enteral nutrition 4 days later.

If perforations are identified in patients with Crohn's disease, an urgent evalua-



▶ Fig. 1 The transendoscopic enteral tube was fixed by two clips on the proximal bowel wall in a patient with Crohn's disease.



► **Fig. 2** A perforation was identified on abdominal X-ray 1 day post-procedure.

tion and surgery consultation should be done [3]. The majority of iatrogenic sigmoid perforations in ulcerative colitis patients were considered for sub-total colectomy with end ileostomy, staged total proctocolectomy with ileal pouch, segmental colectomy with primary anastomosis, segmental colectomy with co-



► Fig. 3 Frequent suction using a syringe via the transendoscopic enteral tube.



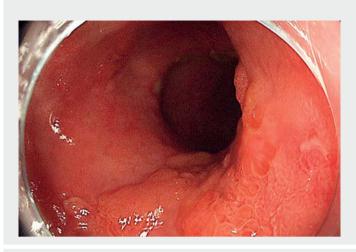
▶ Fig. 4 Computed tomography revealed a perforation after endoscopic submucosal dissection in a patient with ulcerative colitis.

lostomy, or primary surgical repair [4]. This report indicates for the first time that timely drainage using a colonic transendoscopic enteral tube could be the core management approach to avoid surgery in patients with an endoscopy-associated perforation.

Endoscopy_UCTN_Code_CPL_1AM_2AH

Competing interests

Zhang F. conceived the concept of TET and the related device. Other authors declare that they have no conflict of interest.





▶ Video 1 The key steps for using a colonic transendoscopic enteral tube and drainage to treat a perforation.

The authors

Faming Zhang Quan Wen, Bota Cui Medical Center of Digestive Disease, the Second

Affiliated Hospital of Nanjing Medical University, Nanjing, China

Corresponding author

Faming Zhang, MD

Medical Center of Digestive Disease, Second Affiliated Hospital of Nanjing Medical University, No. 121 Jiangjiayuan, Nanjing 210011, Jiangsu, China fzhang@njmu.edu.cn

References

- [1] Zhang T, Long C, Cui B et al. Colonic transendoscopic tube-delivered enteral therapy (with video): a prospective study. BMC Gastroenterol 2020; 20: 135
- [2] Fecal Microbiota Transplantation-standardization Study Group. Nanjing consensus on methodology of washed microbiota transplantation. Chin Med | (Engl) 2020; 133: 2330-2332
- [3] Shen B, Kochhar G, Navaneethan U et al. Practical guidelines on endoscopic treatment for Crohn's disease strictures: a consensus statement from the Global Interventional Inflammatory Bowel Disease Group.

- Lancet Gastroenterol Hepatol 2020; 5: 393-
- [4] DiCaprio D, Lee-Kong S, Stoffels G et al. Management of iatrogenic perforation during colonoscopy in ulcerative colitis patients: a survey of gastroenterologists and colorectal surgeons. Int J Colorectal Dis 2018; 33: 1607-1616

Bibliography

Endoscopy 2022; 54: E201-E202 DOI 10.1055/a-1472-5586 ISSN 0013-726X published online 12.5.2021 © 2021. Thieme. All rights reserved. Georg Thieme Verlag KG, Rüdigerstraße 14, 70469 Stuttgart, Germany

ENDOSCOPY E-VIDEOS https://eref.thieme.de/e-videos



Endoscopy E-Videos is an open access online section, reporting on interesting cases

and new techniques in gastroenterological endoscopy. All papers include a high quality video and all contributions are freely accessible online. Processing charges apply (currently EUR 375), discounts and wavers acc. to HINARI are available.

This section has its own submission website at

https://mc.manuscriptcentral.com/e-videos