Endoscopic complete closure of duodenal mucosal defects using a clip with a looped thread after endoscopic resection

Closure of mucosal defects after endoscopic resection of superficial non-amputative duodenal tumors is important to reduce the risk of delayed bleeding and perforation [1]. Therefore, we developed a new closure method using a clip with a looped thread (Video 1).

An 84-year-old man had a flat elevated 35-mm lesion in the second portion of the duodenum (Fig. 1a, b, c). A biopsy revealed it was an adenoma; therefore, we performed piecemeal endoscopic mucosal resection using a gastroscope (GIF-H290T; Olympus, Tokyo, Japan) with an endoscopic cap (TOP Endoscopic Hood; TOP, Tokyo, Japan) and bipolar snares (BSDA-217, BSDES-127; diameter 10, 26 mm, resp.; Zeon Corporation, Tokyo, Japan) (Fig. 2). There were no adverse events; however, closure of the mucosal defect after endoscopic resection was difficult using only clips because the mucosal defect was large (Fig. 3a).

Therefore, we attempted endoscopic closure as follows. First, a looped nylon suture was tied to a clip (HX-610-090; Olympus) mounted on an applicator (HX-110LR; Olympus). The clip was then retracted into the applicator and inserted into the accessory channel before being placed on the proximal side of the defect (Fig. 3b). Another clip was used to anchor the suture to the distal normal mucosa (Fig. 3c), and additional clips were placed to achieve complete closure (Fig. 3d, e). The nylon suture was cut using scissor forceps (FS-3L-1; Olympus), and complete closure was achieved without delayed adverse events.

Various procedures for mucosal closure exist, such as a simple closure technique using clips, clips with a string [2], endoloop [3], or over-the-scope clip [4]. This is a modified method of traction using a...
clip with a looped thread during colorectal endoscopic submucosal dissection [5], and is similar to using clips with a string [2]. In this method the thread does not have to be placed in the accessory channel, so the gastroscope is maneuverable. Furthermore, dual-accessory channel endoscopes and other expensive devices are not required.

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Competing interests

The authors declare that they have no conflict of interest.

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