Management of pelvic abscess complicating a rectoanal fistula using endoscopic ultrasound-guided drainage with an electrocautery-enhanced lumen-apposing metal stent

The management of pelvic abscess is mainly radiological or surgical [1]. The use of electrocautery-enhanced lumen-apposing metal stents (LAMS) allows efficient drainage of intra-abdominal collections [2]. A few retrospective studies and case series have demonstrated the feasibility and safety of EUS-guided drainage of pelvic abscesses [3–5]. We present a case of a large pelvic abscess complicating a rectoanal fistula that was successfully drained without recurrence using an electrocautery-enhanced LAMS.

During the lockdown due to COVID-19, an 81-year-old woman waited 1 month before attending the emergency room for rectoanal pain with fever. On her admission, computed tomography and magnetic resonance imaging showed a large pelvic abscess measuring 11 cm (Fig. 1). The location of the pelvic abscess did not allow for radiological drainage, and the patient’s medical history precluded surgical management. EUS-guided drainage of the pelvic abscess was performed a week after the patient’s admission (Video 1).

The abscess was accessed using a 19-G needle and aspirated purulent liquid was sent for bacteriological analysis. A 0.025-inch guidewire was introduced through the needle into the abscess. The fistula tract was created using the electrocautery-enhanced LAMS (10 × 10 mm). Then, the LAMS was deployed to drain the abscess into the lumen of the colon (Fig. 2a,b). During the same procedure, a double pigtail stent was inserted through the LAMS (Fig. 2c). No adverse events were reported. At 1 week, endoscopic cleaning of the abscess was performed through the LAMS. The LAMS was re-
moved after 3 weeks and replaced by a double pigtail stent. At 6 months, the double pigtail stent had migrated outwards and the abscess disappeared without recurrence (▶ Fig. 3).

This case highlights the use of a LAMS in the drainage of a pelvic abscess and successful outcome without recurrence. Future prospective studies are needed to confirm the use of LAMS for this indication and to determine the place of EUS-guided drainage of pelvic collections.

Endoscopy_UCTN_Code_TTT_1AQ_2AF

Competing interests

The authors declare that they have no conflict of interest.

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Endoscopy 2021; 53: E409–E410
DOI 10.1055/a-1333-0653
ISSN 0013-726X
published online 14.1.2021
© 2021. Thieme. All rights reserved.
Georg Thieme Verlag KG, Rüdigerstraße 14, 70469 Stuttgart, Germany

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