A soft hood improves maneuverability in narrow spaces during pharyngeal endoscopic submucosal dissection

Endoscopic submucosal dissection (ESD) is a minimally invasive treatment for superficial pharyngeal cancer [1]. However, maneuvering the scope is more difficult in working spaces that are narrowed by anatomical features, such as the larynx and thyroid cartilage, or by equipment, such as intubation tubes, laryngoscopes, and grasping forceps. Transparent hoods are widely used for ESD in all gastrointestinal sections to secure the visual field and provide traction, but their long tips and larger outer diameters can obstruct surrounding structures during a pharyngeal ESD. We therefore used a soft, bendable transparent hood (Space adjuster; TOP Corporation, Tokyo, Japan) for pharyngeal ESDs to improve maneuverability in tight working spaces (Fig. 1).

Case 1
An 18-mm lesion was located at the left pyriform sinus (Fig. 1a). As its oral edge (red arrowhead) was close to an aryepiglottic fold, we were concerned about intrusion by the intubation tube during the incision. We therefore used a soft hood, which bent with its surroundings, thus reducing interference with the intubation tube (Fig. 1b).

Case 2
Three small lesions (5 to 8 mm) that were located at the left pyriform sinus (Fig. 2a) were resected en bloc. We used a soft hood to avoid occluding the larynx and blocking the grasping forceps during ESD (Fig. 2b).

In conclusion, these procedures were stably performed, even in narrow working spaces, using a soft hood during pharyngeal ESD.

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Competing interests
The authors declare that they have no conflict of interest.
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