

# Extended Half-Life Factor VIII/Factor IX Products: Assay Discrepancies and Implications for Hemophilia Management

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## Abstract

Due to structural differences between extended half-life (EHL) factor VIII (FVIII) or FIX products and equivalent plasma wild-type molecules used for assay calibration, reagent-dependent discrepancies during monitoring of FVIII- and FIX-replacement therapies with EHL products have been described. To assess the performance of available one-stage clotting and chromogenic substrate assays on the Siemens Atellica COAG 360 analyzer, an in vitro study using spiked plasma samples was performed. The described results confirm previously described findings and allowed allocation of each EHL product to an appropriate assay. In addition, corresponding EHL product-specific analytes were defined within the order entry system of the University Hospital Bonn. The requirement of product-specific FVIII and FIX assays complicates patient monitoring and demonstrates the need for both continuous education and communication between treating physicians and the coagulation laboratory.

## Keywords

- ▶ hemophilia A/B
- ▶ factor concentrates
- ▶ extended half-life products
- ▶ prophylaxis

## Zusammenfassung

Aufgrund struktureller Unterschiede zwischen FVIII- und FIX-Produkten mit verlängerter Halbwertszeit (EHL) und den zur Kalibration der Testsysteme verwendeten plasmatischen Faktoren kommt es zu reagenzabhängigen Diskrepanzen von im Rahmen der Therapie mit EHL-Konzentraten erhobenen Aktivitätswerten. Zur entsprechenden Überprüfung der uns auf dem Atellica Coag 360 Analysensystem zur Verfügung stehenden Einstufen- und chromogenen Testverfahren wurde eine in-vitro-Studie mit entsprechend präparierten Plasmaproben durchgeführt. Die gefundenen und hier beschriebenen Ergebnisse bestätigen zuvor publizierte Daten und erlaubten die Zuordnung der einzelnen EHL-Produkte zu einem jeweils geeigneten Testverfahren. Die produktspezifischen Testverfahren wurde durch die Anlage entsprechender Analyte im Order-Entry-System des Universitätsklinikums Bonn (UKB) hinterlegt. Die Notwendigkeit produktspezifischer FVIII- und FIX-Tests kompliziert das Patientenmonitoring und verdeutlicht die Notwendigkeit entsprechender Fortbildungen als auch einer guten Kommunikation zwischen behandelndem Arzt und Labor.

## Schlüsselwörter

- ▶ Hämophilie A/B
- ▶ Faktorenkonzentrate
- ▶ Verlängerte Halbwertszeit
- ▶ Prophylaxe

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## Introduction

Hemophilia A and B are X-linked hereditary bleeding disorders caused by lack of activity of coagulation factors VIII (FVIII) and IX (FIX), respectively.<sup>1</sup> Historically, the treatment of hemophilia evolved from the transfusion of whole blood, fresh frozen plasma, and cryoprecipitate to targeted replacement therapies with plasma-derived FVIII or FIX concentrates.<sup>2,3</sup> Alongside this development, two distinct principles for the measurement of plasma FVIII or FIX activities have been established in coagulation laboratories worldwide, the activated partial thromboplastin time (aPTT)-based one-stage clotting (OSC) and chromogenic substrate (CS) assays, both, to date, usually calibrated against plasma FVIII or FIX standards.<sup>4</sup> It has been known for a long time that about 30% of patients with nonsevere hemophilia A show mutation-specific differences between these assays.<sup>5-7</sup> With the advent of recombinant factor concentrates, the molecular structures of the substituted factors started to differ from that present in the plasma calibrators, leading to discrepant results, mainly, however, limited to differences between the OSC and the CS assay formats.<sup>8-10</sup> This situation has been further complicated by the introduction of modified recombinant factor concentrates with extended half-life (EHL; typically ~ 1.5-fold for FVIII and ~ 5-fold for FIX) that additionally cause aPTT reagent-dependent assay discrepancies.<sup>11,12</sup> In the present *in vitro* study, we assessed the accuracy of different OSC and CS assays with respect to the analysis of available EHL-FVIII and EHL-FIX concentrates on the Siemens Atellica COAG 360 analyzer.<sup>13</sup> The results are discussed in light of the recent literature and illustrate the need for EHL-FVIII-/FIX product-specific laboratory requests to adequately address observed assay discrepancies.

## Materials and Methods

### Extended Half-Life Factor VIII/Factor IX Concentrates and Assay Reagents

Damoctocog alfa pegol (Jivi) was provided by Bayer Vital GmbH (Leverkusen, Germany). Lonoctocog alfa (Afstyla) and albutrepenonacog alfa (Idelvion) were made available by CSL Behring (Marburg, Germany). Turoctocog alfa pegol (Esperoct) and nonacog beta pegol (Refixia) were provided by Novo Nordisk (Bagsværd, Denmark). Efmoroctocog alfa (Elocta) and eftrenonacog alfa (Alprolix) were made available by Sobi (Stockholm, Sweden). Rurioctocog alfa pegol (Adynovi) was provided by Takeda (Konstanz, Germany).

The aPTT reagents Actin FS (AFS), Actin FSL (AFSL), and Pathromtin SL (PSL); the FVIII CS assay (FVIII chromogenic), FVIII-, and FIX-deficient plasma; as well as standard human plasma (SHP; containing defined plasma (p)FVIII and pFIX activities) and controls were available from Siemens Healthcare Diagnostics (Marburg, Germany). The FIX CS assay (BIOPHEN Factor IX) and corresponding plasma calibrator (PCal) and controls were purchased from Hyphen-Biomed (Neuville-sur-Oise, France).

### Preparation and Analysis of Spiked Plasma Samples

EHL concentrates were dissolved according to the manufacturer's instructions and diluted in the respective factor-deficient plasma to achieve the following final concentrations: 80, 25.3, 8, and 2.53 IU/dL (according to batch-specific contents). Subsequently, the prepared samples were analyzed for FVIII or FIX activities using the Atellica Coag 360 system (Siemens Healthcare Diagnostics). The single assays were performed as specified by the manufacturer and calibrated against SHP (Siemens OSC and CS assays) or PCal (Hyphen-Biomed FIX CS assay).

### Presentation and Interpretation of Data

Measured FVIII or FIX activities were plotted relative to input concentrations using vertical column charts. A general acceptance range of  $\pm 20\%$  (80–120%) was defined and presented as horizontal lines. Assays/reagents that led to relative results within this arbitrary acceptance range were deemed (best) suitable for the determination of plasma EHL-factor activities.

## Results

### Extended Half-Life for Hemophilia A Treatment

Measured FVIII:C activities relative to EHL product input concentrations are described below and summarized in **Fig. 1**.

#### Efmoroctocog Alfa (Elocta, Extended Half-Life Factor VIII)

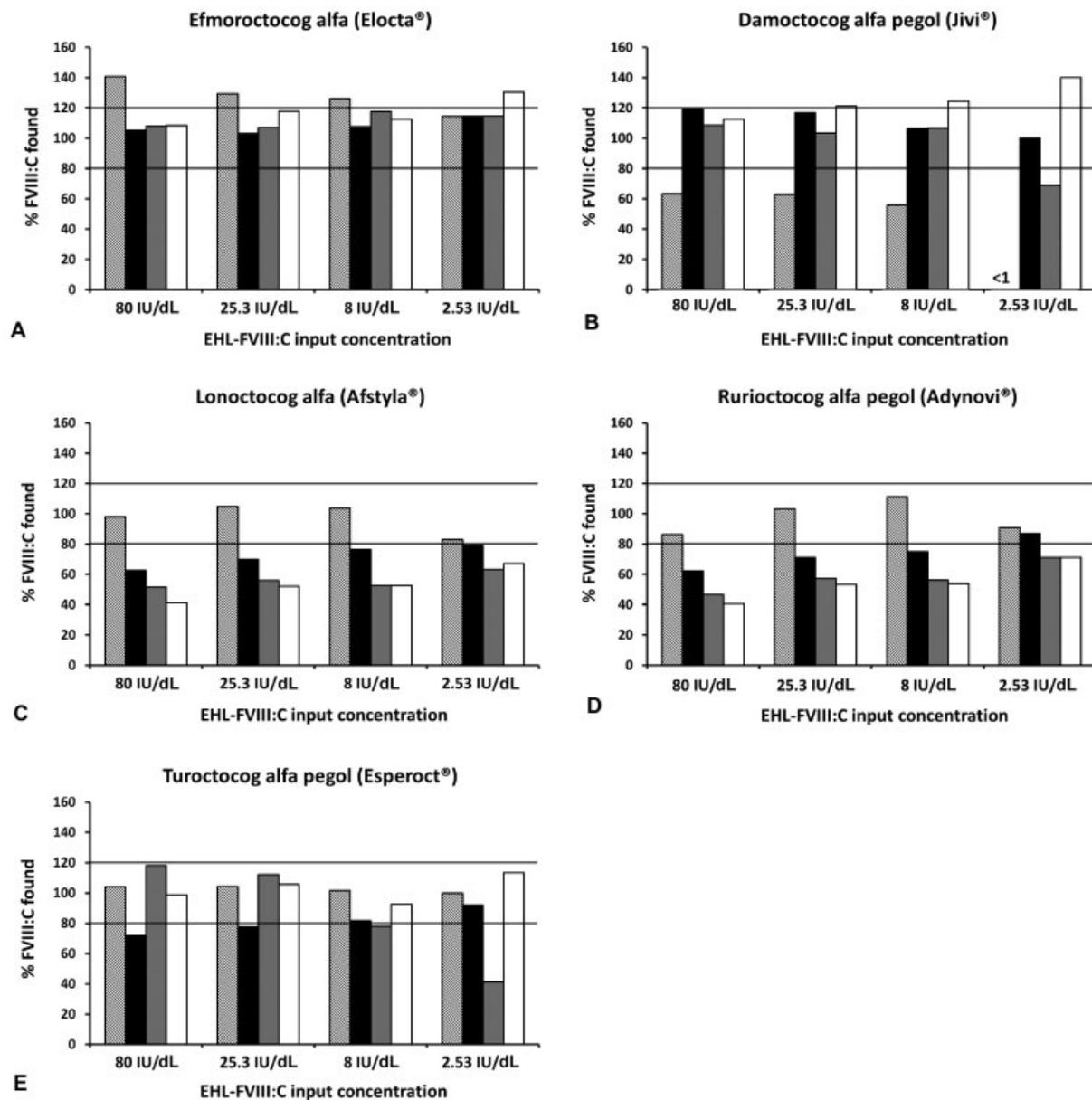
Efmoroctocog alfa (Elocta) is a recombinant fusion protein of a B-domain-deleted (BDD) FVIII molecule and the Fc fragment of human immunoglobulin G1 (IgG1).<sup>14</sup> As demonstrated in **Fig. 1A**, this modification showed only a minor impact on SHP-calibrated OSC assay accuracy. All one-stage FVIII assays showed a FVIII:C in the expected range. Using the FVIII CS assay, however, a concentration-dependent overestimation of assay results was found.

#### Damoctocog Alfa Pegol (Jivi, Extended Half-Life Factor VIII)

Damoctocog alfa pegol (Jivi) is a recombinant BDD (rBDD) FVIII molecule with site-specific 60-kDa PEG molecule.<sup>15</sup> AFS and AFSL showed results in the expected range, but AFSL underestimated Jivi at the tested low concentration (**Fig. 1B**). PSL tended to overestimate corresponding FVIII activities. In contrast to the OSC assays, Jivi was found to be significantly underestimated by the applied FVIII CS assay (**Fig. 1B**).

#### Lonoctocog Alfa (Afstyla, Single-Chain Factor VIII)

Lonoctocog alfa (Afstyla) is a recombinant B-domain-truncated single-chain (sc) FVIII molecule that, in comparison to wild-type (wt) FVIII, shows tighter binding to von Willebrand factor (vWF), leading to increased stability of the molecule in circulation.<sup>16</sup> These characteristics result in a prolonged half-life of the molecule (~ 1.2-fold), Afstyla.<sup>11</sup> As shown in **Fig. 1C**, the scFVIII molecule was underestimated by all aPTT reagents in a concentration-dependent manner, while only the FVIII CS assay yielded acceptable results. With respect to the OSC FVIII:C assays, CSL Behring recommends to multiply the measured FVIII:C by 2; however, the preferred strategy should be to use upfront the best fitting FVIII:C assay, which is the FVIII CS assay.



**Fig. 1** Found FVIII activities relative to EHL-FVIII input concentrations. (A) Efmoroctocog alfa (Elocta). (B) Damoctocog alfa pegol (Jivi). (C) Lonooctocog alfa (Afstyla). (D) Rurioctocog alfa pegol (Adynovi). (E) Turoctocog alfa pegol (Esperoct). Applied test systems (from left to right)—structured columns: FVIII-CSA, black columns: FVIII-OSC (AFS), gray columns: FVIII-OSC (AFSL), white columns: FVIII-OSC (PSL). The horizontal lines represent the arbitrarily defined range of acceptance ( $\pm 20\%$ ).

#### Rurioctocog Alfa Pegol (Adynovi, Extended Half-Life Factor VIII)

Rurioctocog alfa pegol (Adynovi) is a full-length recombinant FVIII molecule conjugated with a polyethylene glycol (PEG) reagent, predominantly attached to the B-domain of the molecule.<sup>17</sup> Comparable to the results found for lonooctocog alfa (Afstyla), the molecule was underestimated by all aPTT reagents in a concentration-dependent manner, while the FVIII:C CS assay yielded acceptable results (**Fig. 1D**).

#### Turoctocog Alfa Pegol (Esperoct, Extended Half-Life Factor VIII)

Turoctocog alfa pegol (Esperoct) is a recombinant FVIII molecule with site-specific (glyco)PEGylation within a truncated B-domain.<sup>18</sup> As shown in **Fig. 1E**, turoctocog alfa pegol (Esper-

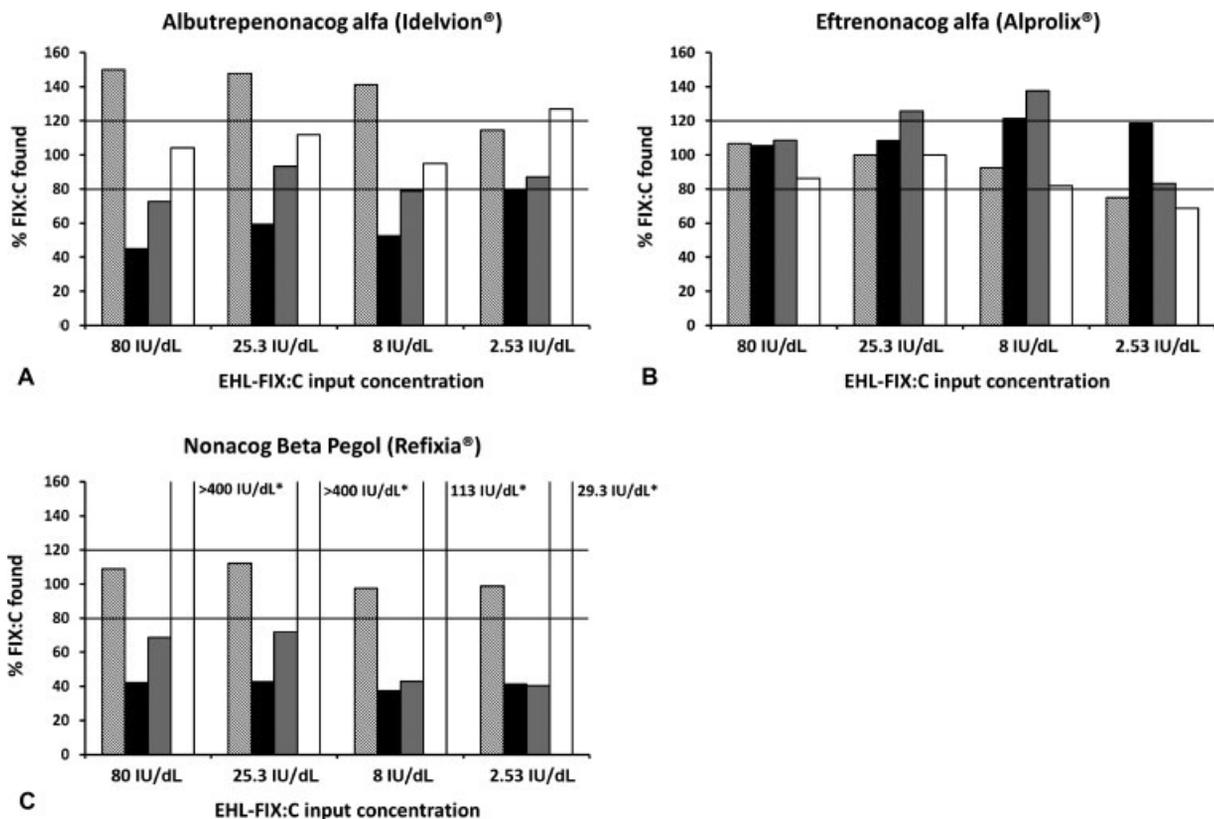
oct) was underestimated at higher and lower tested concentrations by AFS and AFSL, respectively. In contrast, acceptable results over the whole concentration range were found for the FVIII:C CS as well as the PSL-based OSC assay.

#### Extended Half-Life for Hemophilia B Treatment

Measured FIX:C activities relative to EHL product input concentrations are described below and summarized in **Fig. 2**.

#### Albutreponacog Alfa (Idelvion, Extended Half-Life Factor IX)

Albutreponacog alfa (Idelvion) is a recombinant fusion protein that links a FIX molecule with albumin.<sup>19</sup> With respect to the applied OSC assays, Idelvion was found to be underestimated by AFS, while AFSL showed threshold results. In



**Fig. 2** Found FIX activities relative to EHL-FIX input concentrations. (A) Albutrepenonacog alfa (Idelvion). (B) Eftrenonacog alfa (Alprolix). (C) Nonacog beta pegol (Refixia). \*Measured absolute values. Applied test systems (from left to right)—structured columns: FIX-CSA, black columns: FIX-OSC (AFS), gray columns: FIX-OSC (AFSL), white columns: FIX-OSC (PSL). The horizontal lines represent the arbitrarily defined range of acceptance ( $\pm 20\%$ ).

contrast, PSL demonstrated acceptable results at the higher and intermediate concentrations, but overestimated Idelvion at the low input concentration. Regarding the FIX CS assay, the molecule was overestimated at higher and intermediate input concentrations (**→ Fig. 2A**). Therefore, the FIX:C OSC assay with PSL would be our recommendation.

**Eftrenonacog Alfa (Alprolix, Extended Half-Life Factor IX)**  
Eftrenonacog alfa (Alprolix) is a recombinant fusion protein that combines a FIX molecule with the Fc fragment of human IgG1.<sup>20</sup> As demonstrated in **→ Fig. 2B**, the measurement of Alprolix revealed moderate, concentration-dependent effects for all test systems, whereas the FVIII-OSC using AFS showed the most accurate results.

**Nonacog Beta Pegol (Refixia, Extended Half-Life Factor IX)**  
Nonacog beta pegol (Refixia) is a recombinant, site-specific (glyco)PEGylated FIX molecule.<sup>21</sup> Regarding the OSC assays, the experiments revealed (concentration-dependent) underestimation of the molecule by AFS as well as by AFSL, while the application of PSL demonstrated substantial overestimation of FIX activities. Indeed, only the FIX CS assay yielded acceptable results (**→ Fig. 2C**).

#### Implementation of Extended Half-Life Product-Specific Analysis of Postinfusion Samples

As demonstrated earlier, the advent of FVIII- and FIX-EHL concentrates complicated the monitoring of corresponding

factor-replacement therapies in both hemophilia A and B. Accordingly, based on the present results, each EHL product was allocated to an appropriate assay to prevent over- or underestimation of plasma factor activities (**→ Table 1**). In order to allow for targeted laboratory requests, corresponding EHL product-specific analytes were defined and made available within the order entry system of our university hospital.

## Discussion

In the present in vitro study, using a Siemens Atellica COAG 360 analyzer, we assessed the accuracy of different OSC and CS assays with respect to the determination of plasma EHL-FVIII or -FIX activities. As expected, discrepancies of test results were observed that consequently necessitated EHL-product-specific allocations of suitable assays. Meanwhile, the fact that the introduced modifications, in comparison to pFVIII applied for assay calibration, lead to altered activation and/or activity patterns of the EHL molecules within artificial in vitro test systems has been widely taken into account by manufacturers, coagulation laboratories, and relevant medical societies. This awareness is proven by the quantity of conducted field and also by smaller, local studies and the continuously growing number of corresponding original articles, reviews, and guidelines.<sup>11,12,18,22–25</sup>

The potential applicability of available OSC (aPTT reagents) or CS assays for the accurate determination of particular EHL

**Table 1** Summary of EHL products and allocated assays

EHL product	Molecule characteristics	Allocated assay
Efmoroctocog alfa (Elocta)	FVIII–Fc fusion protein	FVIII-OSC (AFS)
Damoctocog alfa pegol (Jivi)	FVIII w site-specific PEGylation	FVIII-OSC (AFSL)
Lonoctocog alfa (Afstyla)	Single-chain FVIII molecule	FVIII-CSA
Rurioctocog alfa pegol (Adynovi)	PEGylated FVIII (mainly B-domain)	FVIII-CSA
Turoctocog alfa pegol (Esperoct)	FVIII w site-specific (glyco)PEGylation	FVIII-CSA
Albutrepenonacog alfa (Idelvion)	FIX–albumin fusion protein	FIX-OSC (PSL)
Eftrenonacog alfa (Alprolix)	FIX–Fc fusion protein	FIX-OSC (AFS)
Nonacog beta pegol (Refixia)	FIX w site-specific (glyco)PEGylation	FIX-CSA

Abbreviations: EHL, extended half-life; OSC, one-stage clotting.

factor activity may be assessed by studying corresponding publications. In fact, the impact of several EHL products, especially on particular OSC assays, is to such an extent that resulting mismeasurements occur independent of the applied assay platform. This is especially true for Nonacog beta pegol (Refixia), for which it could be demonstrated that the use of silica-based aPTT reagents leads to premature activation of the pegylated FIX molecule before recalcification, resulting in artificially shortened clotting times, and hence, massive overestimation of plasma FIX:C activity.<sup>24</sup> Furthermore, underestimation of lonoctocog alfa (Afstyla) by OSC assays by approximately 50% appears to be a general phenomenon, coming along in a moroctocog alfa (Refacto)-like fashion.<sup>8,9,25</sup> For Afstyla, the activation profile by thrombin may be impaired which is overcome by chromogenic assays with their relative high concentration of purified thrombin compared to OSC assays. Indeed, due to corresponding specifications of the European Pharmacopoeia (Ph. Eur.), potency labeling of (EHL)-FVIII concentrates released in Europe is generally done using CS assays.<sup>26</sup> Thus, one might expect that the application of a FVIII CS assay for determination of (EHL)-FVIII:C activity in postinfusion samples leads to accurate results. Interestingly, this is not generally true. For example, as described earlier and also demonstrated here, Efmoroctocog alfa (Elocta) is overestimated in postinfusion samples when measured using CS assays.<sup>27</sup> While overestimations appear to be within clinically acceptable ranges, observed discrepancies probably stem from differences between World Health Organization (WHO) international standards for FVIII concentrate, used for potency labeling, and for FVIII (and vWF) in plasma, used for postinfusion measurements.<sup>27</sup> Furthermore, it was recently shown that Damoctocog alfa pegol (Jivi) is underestimated by the Siemens CS assay, as also shown in the present study, but accurately assayed when using the BIOPHEN FVIII:C CS assay (Hyphen-Biomed).<sup>28</sup> This finding also demonstrates that different compositions of FVIII CS assays (e.g., bovine vs. human factors, buffer formulations) may cause discrepant results during (EHL)-FVIII:C activity measurements.

In addition to the reagent-dependent effects discussed earlier, discrepant results may also be found when using the same reagent on different analyzers, with different calibrators and/or in different laboratories.<sup>29</sup> Accordingly, there are also inconsistent publications on the performance of differ-

ent reagents/assays with respect to plasma EHL factor measurements.<sup>23,30,31</sup> Also the results of the present study may not be directly transferable to other laboratories using the same analyzers. Furthermore, the arbitrarily defined acceptance range of  $\pm 20\%$  to determine over- or underestimation of test results may be chosen more broadly in other contexts. Thus, it appears reasonable that laboratories execute local studies to assess the performance of available assays and to initiate corresponding measures.

In the present study, EHL concentrates were reconstituted and spiked at different final concentrations into the corresponding factor-deficient plasma. While the presented findings are in accordance with previous reports, the followed strategy comes with potential limitations. On the one hand, immuno-adsorbed rather than congenital factor-deficient plasma was used for sample preparation. This may have had an impact on assay results (e.g., due to reduced vWF activity/antigen ratios).<sup>32</sup> Furthermore, only one single batch of OSC or CS assay reagents was used during analysis, blocking the view on potential lot-specific differences. Thus, corresponding additional analysis may be performed to further substantiate the found results.

Nevertheless, based on the present findings, in addition to the established generic FVIII or FIX analytes, EHL-product-specific options were also defined and made available to clinicians to ensure the application of suitable assays and diagnostically conclusive results a priori. In daily clinical practice, however, targeted ordering for patients on EHL products is a complex task prone to errors, potentially leading to implausible results or, if unrecognized, even to clinical misinterpretations. The reasons for continued ordering of generic FVIII or FIX activities range from lack of knowledge that the patient is treated with an EHL product (or with which) over poor lines of communication to simple force of habit. Thus, in addition to correspondingly adopted/extended ordering systems, continuous education and communication between treating physicians and the coagulation laboratory remain key elements with growing importance.

#### Conflict of Interest

J.M. reports nonfinancial support from Bayer Vital GmbH, CSL Behring, Novo Nordisk, Sobi, and Takeda, during the conduct of the study; personal fees from Siemens

Healthineers, Novo Nordisk, and Bayer Vital GmbH, outside the submitted work.

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