Endoscopic ultrasound-guided transjejunal drainage of an obstructed afferent loop using a novel lumen-apposing metal stent

A 65-year-old man presented with jaundice, intermittent fever, and abdominal pain for 3 weeks. He had undergone distal gastrectomy with gastrojejunostomy for benign gastric outlet obstruction 40 years previously. His laboratory parameters were as follows: hemoglobin 10.8 g/dL, total leukocyte count 12 700 cells/mm³, bilirubin 5 mg/dL (direct 3.6 mg/dL), serum albumin 2.5 g/dL, alkaline phosphatase 568 IU/L (normal 120), and serum lipase 698 U/L (normal 50). A contrast-enhanced computed tomography (CT) scan of the abdomen showed a grossly dilated afferent limb with dilated common bile duct and pancreatic duct along with peripancreatic fat stranding (Fig. 1). He received antibiotics along with supportive care. Endoscopic retrograde cholangiopancreatography was not technically feasible because of the surgically altered anatomy. Passage of an endoscope and accessories deep into the afferent loop failed because of the twisted bowel. He therefore underwent endoscopic ultrasound (EUS)-guided drainage of the afferent limb using a lumen-apposing metal stent (LAMS) (Video 1).

The dilated afferent loop was best visualized with favorable alignment on EUS from the proximal part of efferent loop, which was punctured with a conventional 19-gauge needle. Injection of contrast and subsequent passage of a guidewire (0.035 inch, 450 cm, Jagwire; Boston Scientific) through the needle confirmed the afferent jejunal loop (Fig. 2a). A balloon (4 mm, Titan balloon; Cook Medical) was passed over the guidewire to dilate the fistula track. Finally, the novel LAMS (16-mm diameter, 20-mm long, Spaxus stent; Taewoong-Medical, Korea)
was placed across the newly created fistulous track between the afferent and efferent jejunal loops (▶ Fig. 2 b). The Spaxus is a fully covered LAMS that is available in various diameters with a silicone covering membrane that prevents leaks and tissue in-growth.

There were no periprocedural complications. The patient’s symptoms gradually resolved, with improvement in his liver function. A CT scan at 48 hours showed there had been a reduction in the caliber of the afferent loop, the stent was in position, and there was air in the biliary tract (▶ Fig. 3). An upper gastrointestinal endoscopy was performed on day 2 and again 3 months after the procedure; on both occasions, it showed the novel LAMS was correctly positioned (▶ Fig. 4).

So far, the patient has completed 5 months of follow-up and the intention is to remove the LAMS 6 months after the index placement procedure to allow a stable and permanent anastomosis to form between the afferent and efferent jejunal loops. EUS guided transjejunal drainage of an obstructed afferent loop using a novel LAMS is feasible and safe in benign conditions.

Afferent loop obstruction is an uncommon complication that occurs years after upper gastrointestinal bypass surgery. A few case reports have demonstrated the feasibility and safety of EUS-guided transgastric drainage with a LAMS in afferent loop syndrome associated with upper gastrointestinal malignancy. Though technically challenging, the EUS-guided transjejunal route of drainage of an obstructed afferent loop is safe and feasible.

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Competing interests

None

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