Impact of Working Experience on Image Perception and Image Evaluation Approaches in Stroke Imaging: Results of an Eye-Tracking Study

Einfluss der Arbeitserfahrung auf die Wahrnehmung und Auswertung radiologischer Datensätze in der Schlaganfall-Bildgebung: Ergebnisse einer Eye-Tracking-Studie

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ZUSAMMENFASSUNG

Hintergrund Höhere Raten von verpassten Pathologien, verursacht durch mangelnde Berufserfahrung oder systematische Suche, legen nahe, dass ein methodischer Ansatz zur radiologischen Analyse erlernt werden kann. Ziel dieser Studie ist es daher, die Effizienz verschiedener Prinzipien des Screenings von Schlaganfall-CTs auf zerebrovaskuläre Erkrankungen zwischen Radiologen und Neuroradiologen mit unterschiedlichen Erfahrungsniveaus in Bezug auf die Berufserfahrung zu untersuchen.


Ergebnisse Die Sensibilität des Betrachters hängt von seiner beruflichen Erfahrung ab, die auch durch eine systematische Beobachtungsreihenfolge und die Kenntnis des Krankheitsverlaufs bestimmt wird. Die Dauer der Augenfixation von unerfahrenen Bildbefunden war bei auffälligen Befunden deutlich länger, während erfahrene Radiologen eher klinisch relevante Regionen fixierten. Die Verweildauer der okulären Fixation bei wichtigen pathologischen Befunden unterschied sich nicht signifikant zwischen diesen Erfahrungsgruppen.

Schlussfolgerung Unsere Ergebnisse zeigen, dass erfahrene Radiologen die Zahl der verpassten Befunde durch einen systematischen Ansatz und eine gezielte Untersuchung wichtiger Regionen reduzieren. Durch die Sensibilisierung für die Analyse von CT-Bildern in systematischen Mustern scheinen Ärzte aller Erfahrungsstufen in der Lage zu sein, ihre Leistung zu verbessern.

Kernaussagen:
▪ Erfahrene Radiologen verbessern die Erkennungsraten durch gezielte Inspektion klinisch wichtiger Regionen.
▪ Erfahrene Radiologen reduzieren den Zeitaufwand für die Analyse durch gezielte visuelle Aufmerksamkeit.
▪ Alle Erfahrungsstufen verbessern ihre Leistung durch die systematische Analyse von CT-Bildern.

ABSTRACT

Purpose Higher rates of missed pathologies, caused by a lack of professional experience or systematic search, suggest that a methodical approach to radiological analysis can be learned. Thus, the aim of this study is to investigate the efficiency of different principles of screening stroke CTS for cerebrovascular diseases between radiologists and neuroradiologists with different levels of experience in relation to professional experience.
Methods A set of anonymous CT images of 20 patients, with a suspected stroke, was individually presented to 12 radiologists with different levels of professional experience. Meanwhile, their fixation position was recorded by an eye-tracking system. For statistical analysis, the interobserver variability and accuracy of lesion detection were evaluated, taking the individual level of professional experience into account.

Results The sensitivity of the observer depends on the professional experience, also determined by a systematic observation sequence and knowledge of the course of the disease. The duration of eye fixation with inexperienced assessors was significantly longer for conspicuous findings, while experienced assessors were more likely to fix clinically relevant regions. The retention time of ocular fixation in important pathological findings did not differ significantly between those groups.

Conclusion Our results indicate that experienced radiologists are reducing the number of missed findings through a systematic approach and targeted inspection of important regions. Through raising the awareness of analyzing CT images in systematic patterns, physicians at all levels of experience seem to be able to improve their performance.

Key points:
- Experienced radiologists improve detection rates through targeted inspection of clinically important regions.
- Experienced radiologists reduce time spent on analysis through focused visual attention.
- All levels of experience improve their performance by analyzing CT images systematically.

Citation Format

Introduction
One of the essential skills of a radiologist is to identify imaging patterns and their corresponding pathologies. The expertise of radiologists grows as their professional experience broadens – not only due to increased specialist knowledge, but also due to continuously improving proficiency in pattern recognition. While specialist knowledge can be expanded as a result of clinical practice and appropriate reading matter, the processes that help to continuously improve such pattern recognition have not yet been fully understood. The higher speed at which findings are identified by an experienced radiologist is probably attributable to his familiarity with potential patterns, permitting a scan to be reviewed much faster. The lack of experience of younger radiologists frequently leads to less focused approaches in respect to differentiating major from minor diagnostic findings. Major findings predominantly included vessel occlusions of brain supplying arteries, one cerebral sinus venous thrombosis and one randomly depicted pulmonary embolism. Minor diagnostic findings included vascular aberrations, preexisting posts ischemic defects or pulmonary findings, such as pulmonary nodules, infiltrates or a pneumothorax and a struma. The precise extent to which the approach of experienced versus less experienced radiologists differs remains unclear. Recommendations on best practices for examining radiographic images as well as for optimizing the detection of findings could be defined based on such deliberations.

Eye tracking is a method that is already widespread in miscellaneous research fields, especially economics, and has been used, for example, in studies for analyzing marketing campaigns [1–4]. The method automatically tracks the movement of the eyeball and position of the pupil while an image or screen is being viewed. Furthermore, it records the duration that the eye focuses on the relevant areas of the image, without disturbing the assessor. This method can therefore be used to determine which areas of an image were viewed and for how long, as well as which areas were potentially completely ignored [5].

To potentially provide younger colleagues with specific training and optimize observation patterns, awareness of efficient techniques for examining scans is of high importance [6]. Thus, the aim of this study was to record observation patterns of radiologists when reviewing stroke CTs, depending on their professional experience, and to evaluate the detection/recognition of findings. In addition, the influence of right or wrong clinical information on the reader’s focus was observed.

Materials and Methods

Subjects
A total of 12 radiologists, with 6 of them working as residents (1–5 years of working experience) and 6 as radiologic specialists (3 were general radiologic senior physicians, the other 3 were additionally trained as neuroradiologic specialists), were included for the analysis of image data sets. The average length of working experience was 8 years.

For evaluation, the radiologic assessors used a regular workstation prepared with an eye tracker on the bottom of the regular radiologic computer screen. The blinded CT data sets were presented to the assessors through a study supervisor. These assessors were asked to analyze images according to their normal working pattern. Meanwhile, their eye movements were recorded with the eye tracker.

In terms of potential interference to eye tracking records, 4 participants had normal vision or contact lenses and 8 of them had corrected-to-normal vision via glasses. Each reader had to analyze 20 blinded and randomly presented stroke CT data sets including non-enhanced CT (NECT), CT angiography (CTA) and CT perfusion (CTP). Diagnostic CT imaging examinations were
indicated by suspected stroke. In order to simulate comparable clinical reporting conditions in the best manner, clinical information was given prior to image analysis and the time span per image analysis was limited to a maximum of 10 minutes. To avoid artifacts during fixation measurements and to precisely measure the time needed for appraisal, pathologies were recorded by the study supervisor through a think aloud concept.

Measurement of the diagnostic accuracy
The image diagnoses used as the basis for the treatment were used as the ‘gold standard’ of the available findings in order to subsequently evaluate how many of these findings were actually found by the assessors and to compare the diagnostic accuracy of experienced and less experienced assessors.

Measurement of duration of image reading
The maximum time span permitted for image analysis was restricted to 10 minutes. To simulate the clinical setting of CT image reading, the gaze estimation methods are based on real-time image processing videos recording the reader’s fixation. This allows retrospective analysis of the time needed by the radiologists to read data sets.

Order of evaluation of orientations and reconstructions
Additionally, by analyzing these real-time image processing videos, the order of the image evaluation preferred by the individual assessors for diagnosis was analyzed retrospectively.

Regions of interest
Furthermore, video analysis allows for investigation of regions of interest (ROIs) that were defined manually for all patients by encircling every pathologic area in every cross-sectional view. For six randomly chosen patients, the proportionate time of focusing the ROIs was measured, as well as the time until the assessor’s first fixation of an ROI, depending on the examiner’s working experience.

Institutional review board approval was granted to retrospectively analyze anonymized CT data using eye tracking and to record the data of the radiologic assessor.

Eye tracking device
The utilized device (Tobii X2–60 Eye Tracker, Tobii Technology AB, Danderyd, Sweden) was based on corneal reflection recorded unobtrusively by a tracker located below the screen. Prior to the recording, a calibration was performed for each participant to correlate the fixation area on the screen to the coordinates. The distance between the participant and the monitor was kept constant at 65 cm by means of a mark on the floor. Gaze data were recorded for both eyes with a sampling rate of 60 Hz. Eye gaze coordinates were acquired every 16.7 ms. The fixation areas and durations were determined using a predefined computerized classification algorithm, working with overlays. Consequently, heat maps of the assessor’s fixation areas, scan paths and the fixation of dedicated ROIs were generated. Due to the volumetric imaging, ROIs had to be defined manually for every cross-sectional view containing a pathology.

MSCT acquisition
The examinations were performed using a 256-slice CT scanner (Somatom® Definition FLASH, Siemens AG, Medical Solutions, Forchheim, Germany). For i.v. contrast administration (Ultra-vid®-370, Bayer Schering Pharma, Leverkusen, Germany), according to the local standardized scanning protocols, 40 – 60 mL are injected followed by a 25-mL saline bolus chaser, using a constant injection rate of > 4 mL/s.

Images were obtained at a tube voltage of 120 kV and 200 mAs, using a special dose-modulation template (CARE do-

se4DTM, Siemens AG, Medical Solutions, Forchheim, Germany) to reduce the radiation exposure [7]. Data sets were reconstructed at a slice thickness of 1.5 mm with a reconstruction increment of 0.6 mm. For CTP, dynamic scanning was performed at a 66-sec-

ond biphasic cine series using the following standardized parameters: 80 kVp, 200 mA, 1-second rotation time, 1 image per second for 40 seconds with 9 additional images at a rate of one every third second, as used in the clinical routine [8]. For evaluation, different color-coded maps (cerebral blood volume (CBV), cerebral blood flow (CBF), mean transit time (MTT), and time-to-peak (TTP)) were generated.

Statistical analysis
Statistical analysis was performed using SAS (Version 9.3 for Windows, SAS Institute Inc., Cary, NC, USA). Inferential statistics were intended to be exploratory (generating hypotheses) instead of confirmatory and were interpreted accordingly. Hence, p-values were interpreted according to Fisher, by assessing the metric weight of evidence against the respective null hypothesis of no effect. P-values were considered significant if ≤ 0.05 and highly significant if ≤ 0.01. Standard descriptive statistical analyses were performed.

Categorical variables are described as absolute and relative frequencies.

Results
For every required case, reconstructions of acquired CT data were technically feasible and assessable. Neuroradiologic reports of diagnostic findings, which were the basis for the treatment, were defined as the “gold standard” of pathologic findings. Objects to be detected are categorized as main findings causing the neurologic symptoms, e.g. early signs of cerebral ischemia, acute arterial occlusions, dissection of the cervical arteries, cerebral venous sinus thrombosis or findings suspicious for tumor, and as secondary findings without relevance with respect of the suspected stroke, including preexisting cerebral infarctions or preexisting vessel pathologies like aneurysms or atherosclerosis, cervical pathologies that are recorded in the cervical angiography of brain-supplying vessels, like struma or in one case a cervical hematoma, or thoracic pathologies containing pulmonary diseases like pneumonia.
was 5:41.5 minutes:seconds, whereas senior physicians averaged

Overall and itemized duration of image reading

The overall time needed to read all available images showed a highly significant difference between resident physicians and senior physicians, as shown in ▶Table 2, ▶Fig. 1. The average time resident physicians spent for reading the available images was 5:41.5 minutes:seconds, whereas senior physicians averaged 4:12 minutes:seconds (neuroradiologic specialists needed 4:6.7 minutes:seconds and general radiologists needed an average time of 4:17.1 minutes:seconds to read the available radiologic images). A more detailed consideration is presented in the three right-hand columns in ▶Table 2. However, it reveals no significant differences between the proportionate times needed in regard to the computer tomographic angiographies with amounts of 58% of the overall inspection times by residents and 53% by senior physicians (52% for neuroradiologic specialists and 53% for general radiologic specialists). By considering the proportionate times of reading different orientations of the CT angiographies, transverse image orientations are mostly used by all groups. Nevertheless, additional viewing of coronal orientations of CT angiographies could be observed slightly more often in neuroradiologists, compared to less specialized readers (▶Table 2).

Order of evaluation of orientations and reconstructions

By means of "screen recordings", the order of evaluating the images the individual assessors preferred for their image reporting could retrospectively be analyzed. Mostly, probands tended to start reporting by inspecting the brain in NECT before altering to the bone window setting, the CT perfusion or CT angiography in different orientations. Less experienced assessors more often changed between the different reconstructions and image series with an average number of alternations of 8.1 (43.1 in relation to total inspection time), compared to 6.2 average alternations of senior physicians, resulting in 40.6 in relation to their total inspection time (6.1 with and 6.4 without neuroradiologic specialization).

Regions of interest

The final investigation included the separate evaluation of the main pathologies in 6 cases. The observed pathologies included a thrombosis of the basilar artery, an occlusion of the internal carotid artery, a double-sided occlusion of the MCA, a dissection of the aorta, an occlusion of ipsilateral ICA and MCA and an occlusion of vertebral and basilar artery. For all patients, regions of interest (ROIs) were defined manually by encircling the area around thorax, pulmonary infiltrates or pleural effusions, a cardiomegaly in one patient and subcutaneous emphysema.

Overall and itemized diagnostic accuracy

Overall and itemized diagnostic concordance with consensus with respect to main or secondary findings and considering the working experience are detailed in ▶Table 1. Secondary or incidental findings in this context are all findings that have no connection to the symptoms or primary disease (examples are aneurysms, pleural effusions, struma nodosa, etc.). Diagnostic concordance varied in relation to professional experience, while no relevant differences in the detection rates of the main findings as a function of working experience could be observed (residents detected 203 of 252 pathologies (▶Table 1) and senior physicians observed 196 of 249 pathologies (▶Table 1; the difference results from the fact that a participant did not evaluate two data sets). Furthermore, the general radiologic specialists observed 102 of 126 pathologies and the neuroradiologic specialists detected 94 of 123 findings (▶Table 1; again, the difference can be explained by the lack of interpretation of two data sets by a test person). However, with respect to secondary findings, greater differences between experienced and less experienced assessors were observed. Of the 282 secondary findings, the resident physicians noticed 158 (0.56%; ▶Table 1), while the senior physicians only noticed 122 of 278 (0.44%; ▶Table 1; again, the difference can be explained by the lack of interpretation of two data sets by a test person). With regard to their professional focus, general radiologic specialists observed 60 of 141 secondary findings and neuroradiologic specialists mentioned 62 of 137 secondary pathologies (▶Table 1; again, the difference can be explained by the lack of interpretation of two data sets by a test person).

<table>
<thead>
<tr>
<th>Detection rates in relation to available findings</th>
<th>pathologies identified</th>
<th>a: residents</th>
<th>b: senior physicians</th>
<th>c: general radiologists</th>
<th>d: neuro-radiologists</th>
</tr>
</thead>
<tbody>
<tr>
<td>overall pathologies</td>
<td></td>
<td>0.68</td>
<td>0.60</td>
<td>0.61</td>
<td>0.60</td>
</tr>
<tr>
<td>main findings</td>
<td></td>
<td>0.81</td>
<td>0.79</td>
<td>0.81</td>
<td>0.76</td>
</tr>
<tr>
<td>secondary findings</td>
<td></td>
<td>0.56</td>
<td>0.44</td>
<td>0.43</td>
<td>0.45</td>
</tr>
</tbody>
</table>

Listed above is the ratio of the findings detected from all available findings (overall pathologies), additionally subdivided into main and secondary findings. The above (in b) depicted ratio of the findings detected from all available findings (overall pathologies) is specified as senior physicians with (d: neuroradiologists) or without a neuroradiological focus (c: general radiologists).
the pathology in every cross-sectional view containing it (▶ Fig. 2). For recording and evaluation of the recorded data, the Studio Capture software (Tobii Technology) was used. The proportionate time of focusing the ROIs was measured and a quotient to the total inspection time was calculated (▶ Table 3). Furthermore, we evaluated the duration until the reader’s first fixation of the ROI, depending on the working experience (▶ Table 4). While no significant differences of the relative time period to focus the region of interest between the individual groups based on experience could be observed, less time is needed regarding the time duration until first focusing of the ROI particularly by neuroradiologic specialists to detect the predominantly neurologic pathologies. Neuroradiologic specialists detected the pathology most rapidly (average 1:28.2 minutes:seconds; ▶ Table 4). However, general radiologic specialists on average
required 1:54.7 minutes:seconds and residents 1:54.8 minutes:seconds until first fixation of the ROI (54). Nonetheless, these results do not achieve the predefined level of significance (p = 0.06).

Comparing the time period utilized to inspect the different contrast phases (non-contrast CT, CT angiography and CT perfusion), the ratios indicate that neuroradiologic specialists prefer to survey the pathology on non-enhanced CTs (42% of total time used to survey the ROI in NECT versus 32% on CT perfusion and 25% on NECT; Table 5), whereas the residents, like general radiologists, prefer the observation of the pathologies on CTA images (general radiologists prefer the observation on CTA with 51% of total time versus 30% on CT perfusion and 19% on NECT; residents prefer the survey on CTA with 47% of total time compared to 21% on CT perfusion and 32% on NECT; Table 5).

Discussion

In the clinical routine, neuroradiologic CT imaging in the case of suspected stroke using unenhanced brain CT, CT angiography of the supra-aortic vessels and CT perfusion represents a common
method to explore the pathology causing the symptoms. CT angiography offers detailed information about the vascular system and CT perfusion provides valuable information regarding the brain’s vascular physiology [9–11]. Consequently, radiologists read hundreds of sections of imaging in the case of a suspected acute ischemic stroke. Compared to reading a single static radiograph, requirements differ substantially in terms of understanding the cognitive and perceptual processes of interpreting volumetric data sets like CT stroke imaging. The visual search for lesions is a process that has been shown to be mainly acquired rather than innate and that depends on the working experience.

To evaluate the observations of the assessors, this method has so far been applied for the radiologic fields of mammography and projection of the chest or the extremities [12–15]. Only a few studies of multislice images have been conducted to date. Furthermore, no studies were conducted for more complex scenarios such as multimodal diagnostic imaging, for example in the event of medical emergencies such as strokes [16–19].

Several theories regarding potential sources of error in the detection of pathologies have been proposed. For instance, the holistic model for the searching strategy applied by radiologists when reading mammograms, the theory about the satisfaction of search errors or the assumption of a global perceptual process [20–22]. Research conducted with eye tracking technology has revealed a connection between the visual dynamics and cognitive processes.

Whether radiologists are explicitly aware of the details or not, training has taught them to focus attention more efficiently on items with high probability of interest [23]. Some investigations even differentiated between the three different phases in which errors of image reporting can occur. This includes the search, the recognition and the cognitive process to identify a lesion [24].

**Overall and itemized diagnostic accuracy**

The study focused on the accuracy of search as one of the major pitfalls, revealing an overall detection rate between 76 % and 81 %, with slight differences correlated to the level of education. Especially with regard to the accuracy of the recognition of secondary findings in the group of senior physicians, it should be mentioned that the lesions were partially fixed but not mentioned. In the context of this study setting, a clear distinction cannot be made between missed pathologies and incidental findings not mentioned due to their lack of clinical relevance.

**Overall and itemized times of image reading**

Kundel and Nodine described a diagnostic accuracy of 70 % when presenting chest radiographs to radiologists for 200 msec. According to Kundel et al., the visual search of radiographic images occurs in two steps: starting with the initial rapid primary “global” response, taking place during the first 40–200 ms, followed by a second “systemic scan”, allowing for accurate object recognition using foveal vision [25]. Systematic viewing is a technique whereby anatomical areas are inspected in a fixed order to ensure complete inspection of the images. In order to imitate the clinical setting of reporting as accurately as possible and to include the assumed “systematic scan” into our analysis, we determined a period of 10 minutes. This allows a detailed examination.

Furthermore, we investigated the detection error in greater detail by deconstructing the assessor’s image analysis into the following time ranges: the time until first detection of the pathology, the duration of the fixation of the pathology and the proportionate time of observation in different contrast phases (NECT, CTA and CT perfusion). To the best of the author’s knowledge, previous studies have not investigated these aspects of image analysis. Neuroradiologic specialists detected the pathology most rapidly, which could be explained by their superior experience. However, the relative time needed to fix the pathology does not reveal significant differences between the groups. In this case, this could be attributed to the common pathologies, which are easy to assess, even for less experienced assessors.

The differences between the proportions of analyzing images separated into different contrast phases could also be explained by the neuroradiologists superior experience, resulting in less time required to analyze the CTA in relation to the total time of...
inspection. However, the lack of experience leads residents to spend proportionally more time on CTA image analysis, compared to the total time.

Visual search is an integral part of the radiologist’s interpretation procedure, but the precise search requirement varies considerably with individual clinical situations. Such as the purpose of the examination and the radiologist’s prior knowledge about the patient. In many cases, a free search is required, meaning that the radiologist needs to search the complete data set for any abnormalities, whereas the clinical situation may require him to focus on specific anatomical areas [26]. Although we specified clinical information and observed fixation of clinically important regions in reference to the symptoms more rapidly in the group of experienced readers, the influence of clinical information about the patient was not specifically part of this study and is to be confirmed in further investigations. Our results reveal that observer performance by analyzing CT images systematically.

In conclusion, our results suggest that the experience of radiologic physicians improves the detection of major findings by looking at CT images more systematically with inspection of anatomical areas in a fixed order, as well as an intentional scan of clinically important regions (like areas causing identifiable symptoms), taking into account the individual clinical symptoms.

Visual attention was more focused in the case of the experienced physicians and often less time was needed.

### CLINICAL RELEVANCE OF THE STUDY
- Understanding how radiologic expertise is developed may allow training regimes and consequently the performance of all groups of experienced and inexperienced radiologists can be improved.
- The speed and thus efficiency of expression as well as the quality of detection rates can be improved.
- Pitfalls can be avoided with knowledge of the approaches.

### Conflict of Interest

The authors declare that they have no conflict of interest.

### References


