Fig. 1S Schematic diagram representing follow up of all study participants.

- **Enrollment**
  - Assessed for eligibility (n = 58)
    - Excluded (n = 16)
      - Not meeting inclusion criteria (n = 14)
      - Declined to participate (n = 2)
  - Randomized (n = 42)

- **Allocation**
  - Allocated to intervention (n = 21)
    - Received 50 000 IU of cholecalciferol weekly
  - Allocated to Placebo group (n = 21)
    - Received one placebo pearl (paraffin oil) per week.

- **Follow-Up**
  - Withdraw from the study (for use of corticosteroid) (n = 2)
  - No one lost to follow-up

- **Analysis**
  - Analysed (n = 19)
  - Analysed (n = 21)