Canine Orthopedic Index

Description of Stiffness

The following questions concern the amount of joint stiffness your dog has experienced in the past 7 days. Stiffness is the restriction or slowness in the ease with which your dog moves his/her joints. Please select one answer for each question below.

1. How severe is your dog's stiffness after first wakening in the morning?
   - None
   - Mild
   - Moderate
   - Severe
   - Extreme

2. Later in the day, how severe is your dog's stiffness after lying down for at least 15 minutes?
   - None
   - Mild
   - Moderate
   - Severe
   - Extreme

3. How much of a problem does your dog have rising to standing after lying down for at least 15 minutes?
   - No problems
   - Mild problems
   - Moderate problems
   - Severe problems
   - Extreme problems

4. In general, over the past 7 days, how much difficulty has your dog had with his or her joints?
   - None
   - Mild
   - Moderate
   - Severe
   - Extreme

Description of Function

Please indicate how much of a problem each of the following activities has been for your dog over the past 7 days. Please select one answer for each question below.

5. Jumping up (as in getting into the car or onto the bed) ?
   - No problems
   - Mild problems
   - Moderate problems
   - Severe problems
   - Extreme problems

6. Jumping down (as in getting out of the car or off of the bed) ?
   - No problems
   - Mild problems
   - Moderate problems
   - Severe problems
   - Extreme problems

7. Climbing up (as in stairs, ramps or curbs) ?
   - No problems
   - Mild problems
   - Moderate problems
   - Severe problems
   - Extreme problems

8. Climbing down (as in stairs, ramps or curbs) ?
   - No problems
   - Mild problems
   - Moderate problems
   - Severe problems
   - Extreme problems
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Description of Gait

The following questions concern your dog’s gait over the past 7 days. Gait refers to the manner in which your dog uses its legs as it moves. Please select one answer for each question below.

9. On average, how severe was your dog’s limp during mild activities (such as short walks)?
   ○ None  ○ Mild  ○ Moderate  ○ Severe  ○ Extreme

10. On average, how severe was your dog’s limp during moderate activities (such as long walks, playing or running)?
    ○ None  ○ Mild  ○ Moderate  ○ Severe  ○ Extreme

11. How often did your dog limp the day after moderate activities (such as long walks, playing or running)?
    ○ Never  ○ Rarely  ○ Occasionally  ○ Frequently  ○ Constantly

12. How often have you been aware of your dog's joint problems?
    ○ Never  ○ Rarely  ○ Occasionally  ○ Frequently  ○ Constantly

13. How often did your dog 'pay' for over-activity, with increased pain or stiffness the following day?
    ○ Never  ○ Rarely  ○ Occasionally  ○ Frequently  ○ Constantly

Description of Quality of Life

Please select one answer for each question below.

14. In the past 7 days, what has been your level of concern that your dog's joint problems will shorten his or her life?
    ○ None  ○ Mild  ○ Moderate  ○ Severe  ○ Extreme

15. In the past 7 days, what has been your level of concern that your dog is generally slowing down?
    ○ None  ○ Mild  ○ Moderate  ○ Severe  ○ Extreme

16. Overall, how would you rate your dog's quality of life over the past 7 days?
    ○ Excellent  ○ Very Good  ○ Good  ○ Fair  ○ Poor