Supplementary Material: Interview Guide

Family’s Experiences of Recovery following Pediatric Intensive Care Unit Admission

(A) Interview with the Child
1. Can you tell me about yourself?
2. Tell me about what happened when you got ill/went to the hospital
3. Experiences since hospitalization
   • Younger children (under 12 years)
     ◦ I have some questions about your feelings. (show stickers) what feeling is this person showing (show happy, sad, worried, scared faces).
     ◦ Link to film strip: “This is a film script. I’d like you to draw a film that starts with your hospital experience and carries on until now. This will tell me about what your life has been like since you went to intensive care.” Use as springboard for discussion.
   • Older children
     ◦ I have some questions about what the last year has been like—thoughts and feelings. How have you managed? Positive and negative experiences and impacts? What stands out? How often do you think about the time when you were in the hospital? How has your experience of being in the hospital affected who you are now?

4. After having these experiences, what advice would you give to another child who has to go to the pediatric intensive care unit?
5. Is there anything that you might not thought about before that has occurred to you during this interview? Is there anything else you think I should know to understand your experience better?
6. Do you have any questions for me? Is there anything you are worried about or not sure about? Do you have any feedback about this interview or how I could make it better?
   a. Equipment/activities available for use with younger children (under 12 years): small world play figures and hospital bed, blank paper (with film-strip border) and colored pencils, stickers with faces showing different emotions.

(B) Interview with Parents (after Child Interview)
1. Can you start by telling me what X was like before going to the pediatric intensive care unit.
2. Can you tell me about when X went to the hospital
3. How, if at all, have your thoughts and feelings about X’s admission changed in the last year?
4. Looking back, what events in the past year stand out in your mind? Can you describe each one? How did this event affect how X has managed?
5. Can you describe the most important lessons you’ve learned in the last year?
6. What positive changes/negative changes have occurred in your life since X’s admission?
7. What/who has been the most and least helpful during this time?
8. Tell me about the person X is now? What contributed to this change (or continuity)?
9. How well do you think your child has changed and coped? (at different points since discharge) Why?
10. Show parents their child’s film script and discuss; ask parents to elaborate. If the child is not interviewed, discuss how they might share their experiences.
11. Can you tell me about X now?
   • Compare with preadmission and since discharge.
   • Character changes?
   • Any new fears/worries.
   • Strengths discovered.
   • Things they value since admission.
12. How has the year been for you? Any strategies you have used? Have they worked?
13. What have been the easiest and hardest times since discharge? Why?
14. Is there any help you would have liked at the time or since?
15. Is there anything that you might not have thought about before that occurred to you during this interview?
16. Is there anything else that is important for me to know to understand your and your child’s experience better?
17. Do you have any questions or comments for me?